

SimplyOne Men

- For increased vitality - a nutritional herb greenfoods blend featuring Damiana
- 1 tablet per day
- Also available iron-free

FOOD-BASED TABLETS

ENRICHED WITH ORGANIC GREENFOODS AND HERBS

Organic Info (</Organic.php>)



Directions

Take 1 tablet after a meal.

Supplement Facts

	Amount Per Serving	% DV
Vitamin A (Vitamin A Palmitate)	3000 IU	60%
Vitamin C (Ascorbic Acid)	150 MG	250%
Vitamin D (Vitamin D3)	3000 IU	750%
Vitamin E (Acetate)	120 IU	400%
Vitamin K (Phytonadione)	90 MCG	112%
Thiamine (Vitamin B1)	45 MG	3000%
Riboflavin (Vitamin B2)	35 MG	2059%
Vitamin B3	45 MG	225%
Niacin (Low-flush, Vitamin B3)	20 MG	
Nicotinic Acid (Nic-Bush, Vitamin B3)	25 MG	
Pridoxine (Vitamin B6)	35 MG	1750%
Folate (Folic Acid & Folatein)	1000 MCG	250%
Cyanocobalamin (Vitamin B12)	150 MCG	2500%
Biotin (d-Biotin)	325 MCG	108%
Pantothenic Acid (Calcium Pantothenate)	35 MG	350%
Calcium (Carbonate & Citrate)	100 MG	19%
Iron (Iron Carbonyl - Precoated**)	8 MG	44%
Iodine (From Kelp)	225 MCG	150%
Magnesium (Oxide & Glycinate)	50 MG	12%
Zinc (Oxide & Citrate)	23 MG	153%
Selenium (Selenite)	225 MCG	321%
Copper (Glycinate)	2 MG	100%
Manganese (Sulfate & Citrate)	5 MG	250%
Chromium (Picolinate & Polynicotinate)	225 MCG	187%
Molybdenum (Rhioxide)	100 MCG	133%
Potassium (Chloride & Succinate)	5 MG	.1%

**Iron pre-coated to prevent interaction with Vitamin E and other nutrients.

Other Ingredients

	Amount Per Serving	% DV
Beta Carotene	1000 IU	*
Betaine (HCl)	25 MG	*
Cyanflavonoids (From Citrus)	30 MG	*
Boron (From Krebs Cycle Boron)	2 MG	*
Choline (Bitartrate)	35 MG	*
Fatty Acid (Stearic Acid)	60 MG	*
Fiber (Cellulose & Microcellulose)	145 MG	*
Glutamic Acid (HCl Form)	5 MG	*
Hesperidin (From Citrus)	5 MG	*
Inositol (Meso-inositol)	30 MG	*
PABA (Para-Amino Benzoic Acid)	30 MG	*
Rutin (From Eucalyptus)	5 MG	*
Silica (Silicon Dioxide)	10 MG	*
Bioperine	+ 10 MG	*
Calcium Pyruvate	+ 150 MG	*

* Daily Value Not Established.

A potent one-per-day multivitamin in a food-based tablet, enriched with organic greenfoods and herbs. SimplyOne for Men is specifically formulated to provide the essential nutrients a man requires to lead an active, energetic and vital life. This supplement is specially designed to help strengthen the immune system, increase energy levels and enhance mental and physical performance. It also supports the health of nerves, skin, hair, eyes and liver, plus it promotes good muscle tone in the gastrointestinal tract.

A NOTE ABOUT ADDITIONAL CALCIUM AND MAGNESIUM

One-per-day multi-vitamins deliver many nutrients in one tablet and therefore have little room for adequate calcium and magnesium (which requires 3 or more tablets). We strongly suggest that you consider adding a bone building supplement, such as our Calcium Blend, to any one-per-day multi-vitamin.

The above statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ingredients

NUTRITIONAL HERB-GREENFOOD BLEND INCLUDED - 100 MG

Alfalfa l. , damiana h. , nettle l. , ashwaganda rt. , avena sativa l. , pumpkin seed, tribulus terrestris h. , epimedium l. , muira puama h. , eleutherococcus s. rt. , spirulina h. , chlorella h. , iceland moss, sarsaparilla rt. , fo ti rt. , bromelain.

ANTIOXIDANT BLEND INCLUDED - 50 MG

Quercetin, co-Q10, lutein, lycopene, grape seed extract (95%), pine bark extract (95%), alpha-Lipoic acid, ginkgo biloba l. extract (24:6%), green tea l. extract (50%), bilberry extract (4:1), hawthorn berry extract (4:1), n-acetyl cysteine, ginseng h. (panax), DMAE.

= [Certified Organic \(/organic.php\)](/organic.php) Ingredient.