

**WE'RE NOT A MARKETING COMPANY.  
WE'RE A NUTRITION COMPANY.**

Since day one, we have focused on the quality of our products by only sourcing raw ingredients that are held to the most rigorous of standards. Because quality is so important to us, we 3rd party test all of our products to verify the value we offer to our customers. Other companies may be flashier, louder, and bigger...but our brand is built on the core values of results, legitimacy, and pure ingredients. Our reputation depends on it.



Dante Trudel & Doug Smith,  
Co-Founders of True Nutrition

**DIRECTIONS:** As a dietary supplement, take 1 Serving (3 Capsules) before bed nightly, preferably on an empty stomach and in the absence of any calcium-containing supplements.

**WARNING:** This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.  
**KEEP OUT OF REACH OF CHILDREN.**

# ZINC-MAG

## Zinc-Magnesium Aspartate with GABA

### QUALITY

3rd Party Tested and  
Verified for Content

### VALUE

Supplements Direct  
from Manufacturer

DIETARY SUPPLEMENT | 180 CAPSULES



## Supplement Facts

Serving Size 3 capsules

Servings Per Container 60

|                                      | Amount Per Serving | %DV** |
|--------------------------------------|--------------------|-------|
| Vitamin B6 (from Pyridoxine HCL)     | 10.5mg             | 620%  |
| Magnesium (from Magnesium Aspartate) | 450mg              | 110%  |
| Zinc (from Zinc Aspartate)           | 30mg               | 270%  |
| GABA (Gamma-Aminobutyric Acid)       | 100mg              | †     |

\*\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

**OTHER INGREDIENTS:** Maltodextrin, Magnesium Stearate, Capsule (Vegetable Cellulose.)

*Processed in a facility that handles milk, soy, egg, tree nuts, fish, crustaceans/shellfish, and wheat products.*

**DISTRIBUTED BY** **TRUENUTRITION.COM**  
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THESE LABEL STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.