

ORGANIC

ALVITA®

Since 1922

Ginger-Peppermint

Herbal Supplement

Traditionally used to soothe
an unsettled stomach*



24 Tea
Bags
NET WT 1.69 OZ (48g)



Preparation

Place one tea bag in a cup and
add 8 oz of boiling water. Cover
and steep for 10 minutes. Gently
squeeze tea bag and remove.

Directions for use:

We recommend 3 cups daily,
preferably after meals.

- ☞ Add sweetener if desired
- ☞ Naturally caffeine free

HOW TO BREW



The Alvita Story...

In 1922, a new era for tea consumption began in America. The herb alfalfa, long known for its beneficial nutrients, was packaged in tea bags and sold to an emerging health food market. This product became known as Alvita and set the standard for future herbal teas. Today, Alvita represents more than forty single-ingredient teas, each one uniquely distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-crafted, or cultivated botanicals, perfectly prepared to provide you with the best Mother Nature has to offer. Historical and scientific literature is painstakingly studied to ensure that the correct traditional plant and most appropriate servings are used, delivering premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its stewardship seriously by offering carefully harvested teas in earth-friendly packaging. Our beautifully illustrated boxes are made using recycled paperboard and our English, pillow style tea bags are oxygen bleached, not chlorine treated. You won't find a better product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,
steeped in tradition.*



Ginger-Peppermint

The rhizome of the ginger plant (*Zingiber officinale*) has been used for centuries in the East for its digestion-supporting properties.* Peppermint leaves (*Mentha x piperita*) are also popular in many countries and are brewed as a tea to support digestion.* Alvita has combined these well-known and flavorful digestive herbs to help soothe an unsettled stomach.*

Alvita Ginger-Peppermint Tea is made with premium-quality, organic ginger root and peppermint leaves, imparting a refreshing, spicy flavor and pleasant aroma.

Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Ginger (root)	1400 mg †
Organic Peppermint (Leaves)	600 mg †

† Daily Value not established.

WARNING: If you are pregnant or nursing, taking any medication, or have any medical condition, consult a health care professional before use. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Certified Organic by QAI. Certified Gluten-Free by NSF.