PRESERVATIVES

Bluebonnet

MEDIUM CHAIN TRIGLYCERIDES



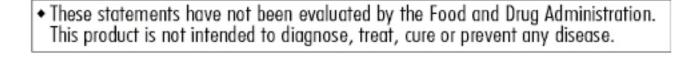
KETO & PALEO











Directions: As a dietary supplement, add one scoop (10 g) to 8 fl oz

water or beverage of choice and then shake, mix or stir until smooth.

Mixes instantly without the use of a blender. Bluebonnet's Organic MCT

Bluebonnet's Organic MCT Powder is carefully crafted from

organic coconut oil and placed on a base of organic acacia prebiotic

powder to further aid in healthy digestion. Medium chain triglycerides

are ketogenic and rapidly absorbed. As an energy source, they can

fuel both the brain and body for improved cognitive and athletic

MCT BENEFITS • KETOGENIC FOOD

Brain

Boost •

Body

Fuel•

performance, as well as support weight management.

Powder is unflavored and unsweetened.

Weight

Loss+





EASY-TO-MIX POWDER DIETARY SUPPLEMENT • NET WT. 10.58 oz (300 g)

Supplement Facts Serving Size 1 Scoop (10 g) Servings Per Container 30 % Daily Value Amount Per Serving Calories Total Fat 9%** 7 g 35%** Saturated Fat Total Carbohydrate 1%** Total Organic Coconut Medium Chain Triglycerides 6.8 g C8:0 Caprylic Acid 3.9 g C10:0 Capric Acid 2.4 q

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Silicon dioxcide

Organic Arabic Gum (prebiotic)

Contains: Tree nuts (coconut)

Manufactured for Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA bluebonnetnutrition.com



2.7 g

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult a healthcare practitioner if pregnant/ nursing, or if you have a medical condition. Keep out of the reach of children.

THIS PRODUCT SHOULD ALWAYS BE TAKEN IN CONJUNCTION WITH A HEALTHY DIET (OR PROPER LOW CARB, KETOGENIC OR PALEO DIET) & EXERCISE PROGRAM. DO NOT USE IN DIETS SUPPLYING LESS THAN 400 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

ALLERGEN WARNING: MANUFACTURED IN A FACILITY THAT PROCESSES PRODUCTS CONTAINING MILK, EGGS, SOYBEANS, WHEAT, SHELLFISH, FISH OIL, TREE NUTS AND PEANUT FLAVOR.

SERVINGS PER CONTAINER ARE AN APPROXIMATE

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THIS PRODUCT REQUIRES AERATION AT THE TIME OF FILLING, SETTLING OF CONTENTS MAY OCCUR NET WEIGHT AND SERVINGS ARE CLEARLY MARKED.

KEEP TIGHTLY CLOSED. TO GUARANTEE FRESHNESS, CONSUME WITHIN 30 DAYS AFTER OPENING AND REFRIGERATE OR STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

Packaged by 30043V Certified Organic by GCIAOCP Athens, GA 30605



Made in USA from imported and domestic ingredients.

