

Directions: As a dietary supplement, add one scoop (10 g) to 8 fl oz water or beverage of choice and then shake, mix or stir until smooth. Mixes instantly without the use of a blender. Bluebonnet's Organic MCT Powder is unflavored and unsweetened.

Bluebonnet's Organic MCT Powder is carefully crafted from organic coconut oil and placed on a base of organic acacia prebiotic powder to further aid in healthy digestion. Medium chain triglycerides are ketogenic and rapidly absorbed. As an energy source, they can fuel both the brain and body for improved cognitive and athletic performance, as well as support weight management. ♦

MCT BENEFITS • KETOGENIC FOOD



Weight
Loss ♦



Brain
Boost ♦



Body
Fuel ♦

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet®

organic

MCT

KETO & PALEO

MEDIUM CHAIN TRIGLYCERIDES
PREBIOTIC SUPPORT



UNFLAVORED
UNSWEETENED

EASY-TO-MIX POWDER
DIETARY SUPPLEMENT • NET WT. 10.58 oz (300 g)

Supplement Facts

Serving Size 1 Scoop (10 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	70	
Total Fat	7 g	9%**
Saturated Fat	7 g	35%**
Total Carbohydrate	3 g	1%**
Total Organic Coconut Medium Chain Triglycerides	6.8 g	*
C8:0 Caprylic Acid	3.9 g	*
C10:0 Capric Acid	2.4 g	*
Organic Arabic Gum (prebiotic)	2.7 g	*

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Silicon dioxide.

Contains: Tree nuts (coconut)

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com



STAY CONNECTED

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult a healthcare practitioner if pregnant/nursing, or if you have a medical condition. Keep out of the reach of children.

THIS PRODUCT SHOULD ALWAYS BE TAKEN IN CONJUNCTION WITH A HEALTHY DIET (OR PROPER LOW CARB, KETOGENIC OR PALEO DIET) & EXERCISE PROGRAM. DO NOT USE IN DIETS SUPPLYING LESS THAN 400 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

ALLERGEN WARNING: MANUFACTURED IN A FACILITY THAT PROCESSES PRODUCTS CONTAINING MILK, EGGS, SOYBEANS, WHEAT, SHELLFISH, FISH OIL, TREE NUTS AND PEANUT FLAVOR.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THIS PRODUCT REQUIRES AERATION AT THE TIME OF FILLING. SETTLING OF CONTENTS MAY OCCUR NET WEIGHT AND SERVINGS ARE CLEARLY MARKED.

KEEP TIGHTLY CLOSED. TO GUARANTEE FRESHNESS, CONSUME WITHIN 30 DAYS AFTER OPENING AND REFRIGERATE OR STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

Packaged by 30043V
Certified Organic
by GCIAOCP
Athens, GA 30605



Made in USA
from imported and
domestic ingredients.



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FREE OF

HEXANE

PRESERVATIVES

PALM OR OTHER
FILLER OILS