

ORGANIC

ALVITA®

Since 1922

Bilberry

Herbal Supplement

Traditional tea now valued
for its antioxidant properties*



24 Tea
Bags
NET WT 1.52 OZ (43.2g)



Preparation

Place one tea bag in a cup and
add 8 oz of boiling water. Cover
and steep for 15 minutes. Gently
squeeze tea bag and remove.

Directions for use:

We recommend 4 cups daily.

- ☞ Add sweetener if desired
- ☞ Naturally caffeine free

HOW TO BREW

Pour	Temp.	Steep
8oz	212° F	15 min
1	2	3



The Alvita Story...

In 1922, a new era for tea consumption began
in America. The herb alfalfa, long known for its
beneficial nutrients, was packaged in tea bags and
sold to an emerging health food market. This product
became known as Alvita and set the standard for
future herbal teas. Today, Alvita represents more
than forty single-ingredient teas, each one uniquely
distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-
crafted, or cultivated botanicals, perfectly prepared to
provide you with the best Mother Nature has to offer.
Historical and scientific literature is painstakingly
studied to ensure that the correct traditional plant
and most appropriate servings are used, delivering
premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its
stewardship seriously by offering carefully harvested
teas in earth-friendly packaging. Our beautifully
illustrated boxes are made using recycled paperboard
and our English, pillow style tea bags are oxygen
bleached, not chlorine treated. You won't find a better
product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,
steeped in tradition.*



Bilberry

The bilberry (*Vaccinium myrtillus*)
is thought of as the American
blueberry's European cousin, with
a similar flavor, though slightly
more tart. Renowned by European
herbalists for more than a century,
bilberry has gained popularity in
recent years among American
herbalists and tea drinkers alike
not only for its antioxidant prop-
erties, but also for its pleasant
flavor.*

Alvita Bilberry Tea is made
with premium-quality, organic
bilberry fruit, and produces a
zesty, fruity flavor and aroma.

Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Bilberry (fruit)	180g †
† Daily Value not established.	

WARNING: If you are pregnant or nursing, taking any medication
or have any medical condition, consult a health care professional
before use. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.

Distributed by:
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American Fork, UT 84003 USA
1-800-645-5626

Certified Organic by QAI. Certified Gluten-Free by NSF.