

DIRECTIONS: As a dietary supplement, add one scoop (12.5 g) to 8 fl oz of cold water, juice or sports drink and mix or shake until smooth. Mixes instantly without the use of a blender.

EXTREME EDGE® BCAA PLUS GLUTAMINE can be stacked with Extreme Edge® Pre Workout on an empty stomach 30 minutes prior to training or competition for a supercharged workout. And for quicker muscle recovery, stack with Extreme Edge® Post Workout or Extreme Edge® Whey Protein Isolate 30 minutes after training or competition. ♦

EXTREME EDGE® BCAA PLUS GLUTAMINE is designed to be one of the most effective muscle recovery products ever created. It features the scientifically substantiated 4:1:1 ratio (leucine: isoleucine: valine) of fermented branched chain amino acids plus 1000 mg of free-form L-glutamine, which works in conjunction with L-leucine to improve muscle growth and repair. Fermented BCAA uses only vegetable-based sources, making it a cleaner, superior product. BCAA, leucine in particular, helps improve workout

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

intensity and stimulates protein synthesis for increased muscle mass. Plus, electrolytes from coconut water have been added to the formula to help replenish lost minerals, reducing the risk of fatigue, cramping and dehydration. Use it once, and you will never train without it again! ♦

KEY FEATURES

- ✓ Featuring fermented BCAA at a scientifically substantiated 4:1:1 ratio
- ✓ Free of artificially-derived colors, flavors and sweeteners
- ✓ Vegan/Vegetarian
- ✓ Free of common allergens (milk, gluten & soy)

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME.

SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.



DAILY WORKOUT REGIMEN FROM EXTREME EDGE

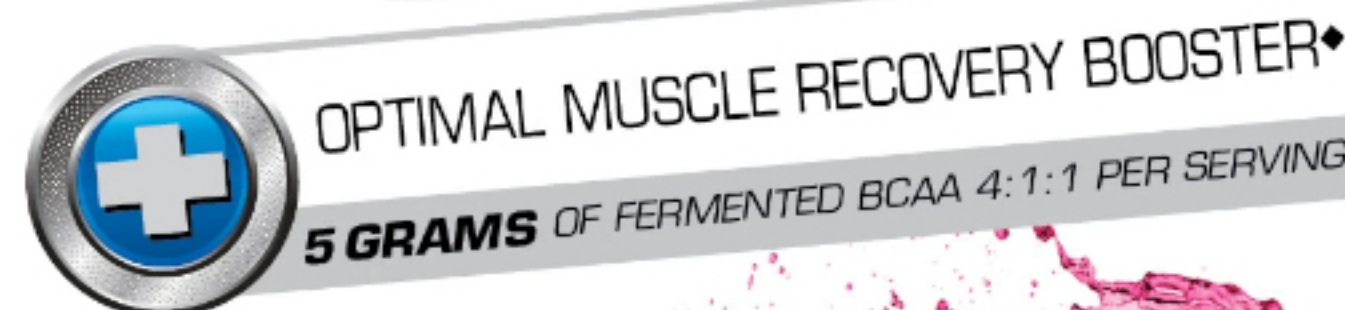


- 1 PRE WORKOUT**
MUSCLE RECHARGER ♦
- 2 CARBO LOAD**
MUSCLE REFUELER ♦
- 3 POST WORKOUT**
MUSCLE REBUILDING & RECOVERY ♦
- WHEY PROTEIN ISOLATE**
MUSCLE REBUILDING & FAST-ACTING AMINO ACID REPLENISHER ♦

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES



BCAA PLUS GLUTAMINE



- Enhances Muscle Growth & Recovery ♦
- Reduces Muscle Fatigue ♦
- Replenishes Electrolytes ♦



STRAWBERRY KIWI FLAVOR

Supplement Facts

Amount Per Serving		Servings Per Container 30	% Daily Value
Calories	35		
Total Carbohydrate	6 g		2%**
Sugars			*
Includes 2 g added sugars			4%**
Sugar Alcohol	1 g		*
Branched Chain Amino Acid Complex	5000 mg		*
L-Leucine	3334 mg		*
L-Isoleucine	833 mg		*
L-Valine	833 mg		*
L-Glutamine	1000 mg		*
Coconut Water Powder	250 mg		*
(Supplying the electrolytes calcium, sodium, and potassium)			

*Daily Value not established.

** Percent daily value is based on a 2,000 calorie diet.

Other Ingredients: Organic evaporated cane juice sugar, erythritol, natural flavors, malic acid, coconut oil creamer, silicon dioxide, organic stevia extract (Reb A), non-GMO beet juice (colorant), sunflower lecithin.

Contains: Tree Nuts (Coconut)

Free of Milk, Egg, Fish, Crustacean Shellfish, Peanuts, Wheat and Soybeans. Also Free of Yeast, Gluten, Barley and Rice.

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



Manufactured by
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DIETARY SUPPLEMENT NET WT. 13.23 oz (375 g) INSTANTIZED POWDER