Exhilarin® is designed in the tradition of Avurvedic medicine to increase stress tolerance and help maintain mental acuity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets two to three times daily, or as directed by your healthcare practitioner.

CAUTION: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

This product is Gluten Free and Vegetarian.

Formulated to Exclude: Wheat, gluten, corn protein, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.





Ayurvedic Botanicals

Exhilarin[®]

Stress Defense Formula'

Herbal Supplement Vegetarian 60 TABLETS

Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

Amount Per Serving

A proprietary blend of herbal extracts: Holy Basil Leaf 10:1 Extract (Ocimum sanctum) (containing urosolic acid). Ashwagandha Root 15:1 Extract (Withania somnifera) (containing withanolides), Amla Fruit 3:1 (Emblica officinalis) (containing tannins), Bacopa Leaf 4:1 Extract (Bacopa monniera) (containing bacosides A & B)

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stdum, stearic acid (vegetable), silica, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by METAGENICS, INC. Makers of Professional Quality Supplements 100 Ave. La Pata, San Clemente, CA 92673 www.metagenics.com

