



DIRECTIONS: As a dietary supplement, add one scoop (33 g) to 8 fl oz of water or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take approximately 30 minutes after workout.

EXTREME EDGE® WHEY PROTEIN ISOLATE POWDER

delivers 26 grams of high-quality protein per scoop to help replenish amino acid pools in the muscle that are necessary for achieving significant increases in muscle size and mass. Plus, each scoop provides essential amino acids – including branched chain amino acids – for muscle building and repairing, immunoglobulins for immune support to combat transient immune suppression that often occurs after strenuous exercise, as well as a cellular hydration blend of electrolytes [potassium (K+), sodium (Na+), calcium (Ca2+), phosphorus and magnesium (Mg2+)]. Muscle contraction is dependent upon the presence of electrolytes. In fact, without sufficient levels of these key minerals, which can often be depleted during continuous strenuous exercise, muscle weakness or severe muscle contractions/cramping may occur, as well as dehydration.♦

KEY FEATURES

- ✓ Contains the highest biological value (159) of any other protein source
- ✓ Derived from free-roaming, grass-fed cows not treated with rBGH/antibiotics †
- ✓ Free of artificially-derived colors, flavors, and sweeteners
- ✓ Microfiltered
- ✓ 98% Lactose-Free

Unlike some other whey protein isolate products on the market that are laden with artificial sweeteners, flavors and colors, the sports nutritional scientists at Extreme Edge® use only naturally-derived sweeteners, flavors and colors in combination with whey protein isolate to help facilitate clean and pure performance.♦

Plus, this whey protein isolate powder is derived from grass-fed cows that are not treated with recombinant bovine growth hormone (rBGH)† or antibiotics. And instead of the common practice of using heat processed whey that could denature the protein and immunoglobulins, we employ cross-flow microfiltration, a special low-temperature method that leaves the polypeptide chains (i.e., protein) and immunoglobulins intact, while removing excess fat and 98% of the lactose sugars that often cause bloating or cramping.♦

† The Federal Government has determined there is no significant compositional difference in the milk or milk by-products from rBST or rBGH treated and untreated cows.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead and cadmium that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food



TYPICAL AMINO ACID/PROTEIN FRACTION PROFILES PER SERVING*

Values are based on amino acid milligram (mg) percentages per 26 grams of protein in a single 8 fl oz serving of **EXTREME EDGE® WHEY PROTEIN ISOLATE**.

Amino Acid	% Total Protein*	MG*	Amino Acid	% Total Protein*	MG*
Alanine	4.2%	1100 mg	Threonine	5.9%	1530 mg
Arginine	2.3%	610 mg	Tryptophan	1.4%	370 mg
Aspartic Acid	8.9%	2315 mg	Tyrosine	2.5%	640 mg
Cysteine/Cystine	1.8%	465 mg	Valine**	5.0%	1290 mg
Glutamic Acid	15.1%	3920 mg			
Glycine	1.6%	405 mg			
Histidine	1.5%	390 mg			
Isoleucine**	4.9%	1265 mg			
Leucine**	9.2%	2380 mg			
Lysine	8.0%	2090 mg			
Methionine	1.9%	505 mg			
Phenylalanine	2.7%	690 mg			
Proline	4.9%	1275 mg			
Serine	4.3%	1120 mg			

Protein Fractions		
Beta-Lactoglobulin	60%	15,600 mg
Glycomacropeptides (GmP)	15%	3900 mg
Alpha-Lactalbumin	15%	3900 mg
Protease Peptide 5	5.0%	1300 mg
Immunoglobulins (IgG)	2.0%	520 mg
Serum Albumins	<1%	250 mg

* Values are based on a calculation of 26 grams of whey protein isolate
** Branched Chain Amino Acids

ADVICE FOR OFF-SEASON BODYBUILDERS & ENDURANCE ATHLETES

Combine one scoop of **EXTREME EDGE® WHEY PROTEIN ISOLATE** with two servings of **EXTREME EDGE® CARBO LOAD**. When combined as directed, you will receive the scientifically coveted ~3:1 ratio of carbohydrates-to-protein (i.e., 79 grams of carbohydrate to 26 grams of protein providing ~425 calories) to replenish glycogen and amino acid stores, as well as electrolytes in the body for faster recovery.♦



OTHER PRODUCTS FROM EXTREME EDGE:

- 1 **PRE WORKOUT**
MUSCLE RECHARGER •
- 2 **CARBO LOAD**
MUSCLE REFUELER •
- 3 **POST WORKOUT**
MUSCLE REBUILDING & RECOVERY •

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES



WHEY PROTEIN ISOLATE



MUSCLE REBUILDER & FAST-ACTING
AMINO ACID REPLENISHER ♦

26 GRAMS OF PROTEIN PER SERVING WITH BCAAs

- Optimizes Muscle Growth •
- Inhibits Muscle Breakdown •
- Supports Immune Function •



NO BANNED
SUBSTANCES

VANILLA
FLAVOR



Supplement Facts

Serving Size 1 Scoop (33 g)	Servings Per Container 15
Amount Per Serving	%DV
Calories	120
Total Fat	0.5 g <1%**
Saturated Fat	0.25 g 1%**
Cholesterol	15 mg 5%
Total Carbohydrate	3 g 1%**
Sugars‡	2 g 0%**
Includes 0 g added sugars	
Protein	26 g 52%**
Calcium (from whey)	100 mg† 8%
Phosphorus (from whey)	75 mg† 6%
Magnesium (from whey)	20 mg† 5%
Chloride (from sodium chloride)	60 mg† 3%
Sodium (from whey, sodium chloride)	160 mg† 7%
Potassium (from whey)	100 mg† 2%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Natural Vanilla Flavor, Non-GMO Sunflower Lecithin, Non-GMO Xanthan Gum, Stevia Extract (Reb A).

Contains: Milk

Free of Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans. Also Free of Yeast, Gluten, Barley and Rice.

CAUTION: FOR ADULTS ONLY. CONSULT PHYSICIAN IF PREGNANT/NURSING, TAKING MEDICATION, OR HAVE A MEDICAL CONDITION. KEEP OUT OF REACH OF CHILDREN.

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE. KEEP OUT OF THE REACH OF CHILDREN.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT. DO NOT USE FOR WEIGHT REDUCTION. SERVINGS PER CONTAINER ARE AN APPROXIMATE.

Extreme Edge® is a registered trademark of Bluebonnet Nutrition Corporation. BLUEBONNET'S KOF-K CERTIFICATION #K-0000700

† Mineral content is based on an average; amounts may vary.

‡ The sugar content in this formula is a negligible amount (2 g/serving), and is naturally occurring in whey protein isolate.

Manufactured by:
Bluebonnet Nutrition Corp.
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Sugar Land, Texas 77478 USA
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Bluebonnet

DIETARY SUPPLEMENT

NET WT. 1.1 lb (495 g)

INSTANTIZED POWDER

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