



DIRECTIONS: As a dietary supplement, add one scoop (10 g) to 8 fl oz of water, juice or sports drink and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take on an empty stomach about 15 to 30 minutes prior to workout.

KEY FEATURES

- ✓ Contains three unique ingredient blends for explosive energy
- ✓ Free of artificially-derived colors, flavors and sweeteners
- ✓ Plant sources of caffeine (green tea and cocoa extracts)

EXTREME EDGE® PRE WORKOUT

is designed to be one of the most comprehensive, muscle recharging formulas ever created. This triple-turbo, super-charged formula generates high energy, sharpens mental concentration, and increases nitric oxide (NO) levels for greater blood flow and intense muscle pumps. Use it once, and you will never train without it again! ■

OTHER PRODUCTS FROM EXTREME EDGE:



WHEY PROTEIN ISOLATE

MUSCLE REBUILDER & FAST-ACTING AMINO ACID REPLENISHER ■

NITRO

NITRIC OXIDE SUPER BOOSTER ■

BCAA

MUSCLE REBUILDER & RECOVERY ■

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES

Extreme Edge® is a registered trademark of Bluebonnet Nutrition Corp.

Ajipure® is a registered trademark of Ajinomoto AminoScience LLC.

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PRE WORKOUT

MUSCLE RECHARGER ■

NITRIC OXIDE BOOSTER & CAFFEINE

- Ignites Explosive Energy ■
- Intensifies Muscle Pump & Blood Flow ■
- Amplifies Mental Focus ■

GRAPE FLAVOR



Supplement Facts

Serving Size 1 Scoop (10 g)	Servings Per Container 30
Amount Per Serving	%DV*
Calories	15
Total Carbohydrate	4 g 1%*
Sugars	2 g
Includes 2 g added sugars	4%*
Vitamin C (as L-Ascorbic Acid)	30 mg 33%
Potassium (as Potassium Citrate)	75 mg 2%
Explosive Energy & Mental Focus AMP Blend ■	1,325 mg **
(As CarnoSyn® Beta-Alanine, Caffeine – 125 mg [as Caffeine, Green Tea Leaf Extract and Cocoa Bean Extract], L-Taurine, and L-Tyrosine)	
Extreme Muscle Pump Blend ■	2,000 mg **
(As Creatine [as Monohydrate, Phosphate Matrix and Malate], and BCAAs [as 4:1:1 ratio, L-Leucine, L-Isoleucine, and L-Valine])	
Nitric Oxide Super (NOS) Charger Blend ■	1,120 mg **
(As Arginine [as L-Arginine, L-Arginine Alpha Ketoglutarate], L-Citrulline Malate, and L-Lysine HCl)	

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Percent Daily Values (DV) not established.

Other Ingredients: Sugar, Citric Acid, Natural Grape Flavor, Erythritol, Stevia Extract (Reb A), Grape Skin (colorant), Silica, Calcium Citrate, Sodium Citrate, Magnesium Citrate, Maltodextrin.

Free of Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans.

Also Free of Yeast, Barley and Rice.

Minerals are shown in their elemental value.

WARNING: Strictly designed for use by healthy adults – 18 years of age or older. This product contains 125 mg of caffeine per serving (equivalent to 1 ¼ cups of coffee), which in excess, may cause nervousness, irritability, sleeplessness and occasionally, a rapid heartbeat. Discontinue use and consult a healthcare practitioner if you experience any unusual symptoms. Do not use this product if you are sensitive to caffeine, pregnant, trying to conceive, breast feeding, have any medical conditions or are taking any prescription medications. Not recommended for use by pregnant or nursing women.

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

KEEP OUT OF THE REACH OF CHILDREN.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THIS PRODUCT REQUIRES AERATION AT THE TIME OF FILING. SETTLING OF CONTENTS MAY OCCUR, CAUSING THE CONTAINER TO APPEAR UNDER 70% FULL. NET WEIGHT AND SERVINGS ARE CLEARLY MARKED.



WARNING: Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Manufactured by
Bluebonnet Nutrition Corp.
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com



STAY CONNECTED

DIETARY SUPPLEMENT NET WT. 0.66 lbs. (300 g) INSTANTIZED POWDER