Directions: As a dietary supplement, take one capsule daily, or as directed by a healthcare practitioner.

Bluebonnet's Targeted Choice® Pain and Inflammation Support Capsules are specially formulated with a unique blend of sustainably harvested or wildcrafted herbal extracts, such as CurcuWIN® (46 x more bioavailable turmeric root extract) and ApresFlex® (52% more bioavailable, patent-pending boswellia gum resin extract). Additional relevant nutrients were also integrated into this formula to help joints recover from the rigors of exercise or other physical stressors that can often lead to temporary pain and inflammation. Available in easy-to-swallow vegetable capsules for maximum assimilation

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice® is a registered trademark of Bluebonnet Nutrition Corp.

ApresFlex® is a registered trademark of PLT/LailaNutra LLC. CurcuWIN® is a registered trademark of OmniActive Health Technologies, Ltd.

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA www.bluebonnetnutrition.com

and absorption.

WARNING: Do not use this product if you are surgery or in cases of stomach pain or ulcers.

 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure



Supplement Facts

Amount Per Serving	% Daily Value	
Vitamin C (as L-ascorbic acid)	90 mg	100
Manganese (as bisglycinate chelate)	2 mg	87
ApresFlex® Boswellia Gum Resin Extract (Boswellia serrata)	100 mg	*
Bromelain (from pineapple) (2000 GDU/gram)	100 mg	*
Ginger Root Extract (Zingiber officinale)	100 mg	*
Tart Cherry Fruit Extract (Prunus cerasus [supplying naturally occurring flavonoids including anthocyania	75 mg ns])	*
CurcuWIN® Turmeric Root Extract (Curcuma longa L.)	75 mg	*
Quercetin	50 mg	*

Percent Daily Value is based on a 2,000 calorie diet. * Daily Value not established. Other ingredients: Kosher vegetable capsules, vegetable cellulose,

vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.