

VITAL HAIR

LifeTIME[®]

WITH MSM



DIETARY SUPPLEMENT • 120 CAPSULES

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take four capsules daily, with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	5,500 mcg	611%
Vitamin C (as Ascorbic Acid)	600 mg	667%
Vitamin B-1 (as Thiamine Mononitrate)	30 mg	2,500%
Vitamin B-2 (as Riboflavin)	30 mg	2,308%
Vitamin B-3 (as Niacinamide)	30 mg	188%
Vitamin B-6 (Pyridoxine Hydrochloride)	30 mg	1,765%
Folic Acid	1,333 mcg	333%
Biotin	2,000 mcg	6,667%
Pantothenic Acid (as Calcium d-Pantothenate)	500 mg	10,000%
Zinc (as Zinc Gluconate)	5 mg	45%
Choline (from Choline Bitartrate)	117 mg	21%*
Inositol	600 mg	*
L-Cysteine (L-Cysteine Hydrochloride)	200 mg	*
MSM (Methylsulfonylmethane)	200 mg	*
PABA (para-Aminobenzoic Acid)	200 mg	*
Horsetail (<i>Equisetum arvense</i>) [aerial]	100 mg	*

*Daily Value not established.

Other Ingredients: Magnesium Stearate, Silicon Dioxide, Rice Flour, Gelatin and Water.

Mfd. by Nutraceutical Corp.

www.nutrafamily.com

Comments or Questions:

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