

Directions: Take 1 capsule 30 minutes before morning and evening meals or as recommended by a health care professional.

WARNING: Diabetics may use only under a health care professional's supervision because this product contains chromium picolinate which may enhance insulin sensitivity. Do not use if pregnant or nursing. Consult your physician before use if you have any medical condition or are taking any medication. **KEEP OUT OF REACH OF CHILDREN.**

LOT201704167 04/22



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TWINLAB®

**MEGA
CITRIMAX®**

*Quick Acting Capsules
With Chromium Picolinate*
DIETARY SUPPLEMENT

100 CAPSULES


Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value	Amount Per Day (2 Capsules)	% Daily Value
Chromium (as chromium picolinate)	100 mcg	83%	200 mcg	167%
Garcinia rind extract (Citrimax®)	700 mg	†	1400 mg	†

† Daily Value not established.

Other Ingredients: Gelatin, medium chain triglycerides, magnesium stearate.

¹ Garcinia is  CitriMax is a trademark of InterHealth Nutraceuticals, Inc. CitriMax® brand (-)hydroxycitric acid.

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