TWINLAB MAGNESIUM CAPS are easy to swallow and are well tolerated by most highly allergic individuals.

No artificial colors, flavors or preservatives added.

WARNING: If you are pregnant or nursing, taking any medications or have any medical conditions, consult a health care professional before use.

KEEP OUT OF REACH OF CHILDREN. Keep tightly closed in a cool, dry place. Best if used by date shown on bottle.

§These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**TWNLAB** magnesium caps muscle, nerve & heart support§ 420 ma 420 mg per capsule

DIETARY

SUPPLEMENT

DIRECTIONS: Take one capsule daily.

## Supplement Facts

Serving Size 1 Capsule **Amount Per Serving** % Daily Value 100% Magnesium 420 mg (as magnesium oxide)

Other Ingredients: Gelatin, potato starch, magnesium silicate, medium chain triglycerides. Contains 2% or less of: Croscarmellose sodium, magnesium aspartate, silica.

DISTRIBUTED BY TWINLAB CORPORATION BOCA RATON, FL 33431 U.S.A.

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