

GREAT FORMULA

BOTTLED AND PACKAGED IN THE USA

NEW LOOK, SAME GREAT FORMULA

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NEW LOOK, SAME

TWINLAB MAGNESIUM CAPS are easy to swallow and are well tolerated by most highly allergic individuals.

No artificial colors, flavors or preservatives added.

WARNING: If you are pregnant or nursing, taking any medications or have any medical conditions, consult a health care professional before use.

KEEP OUT OF REACH OF CHILDREN.

Keep tightly closed in a cool, dry place.
Best if used by date shown on bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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DIETARY
SUPPLEMENT

TWINLAB®

magnesium caps

muscle, nerve & heart support^s
420 mg

TWIN
LAB 50
TRUSTED FOR
50 YEARS

420 mg
per capsule

100
CAPSULES

DIRECTIONS: Take one capsule daily.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Magnesium (as magnesium oxide)	420 mg	100%

Other Ingredients: Gelatin, potato starch, magnesium silicate, medium chain triglycerides.
Contains 2% or less of: Croscarmellose sodium, magnesium aspartate, silica.

DISTRIBUTED BY TWINLAB CORPORATION

BOCA RATON, FL 33431 U.S.A.

1-800-645-5626 | www.twinlab.com



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TwinlabVitamins