

DIRECTIONS: As a dietary supplement, take two scoops (30 g) daily or as directed by a healthcare practitioner. Mixes instantly without the use of a blender. **Scoop is enclosed.**

Bluebonnet's Super Earth® Brewer's Yeast Powder is formulated with a select strain of *Saccharomyces cerevisiae* that is carefully grown on sugar beet molasses instead of the typical grain-derived brewer's yeast that is recovered from the beer-brewing process. Bluebonnet's Non-GMO Project Verified, premium brewer's yeast provides a toasted, non-bitter, savory flavor without any artificial sweeteners, colors, or flavors and can be incorporated into any recipe to improve texture and nutritional value. It provides a vegan source of high-quality protein that not only encompasses all of the essential amino acids, but also dietary fiber and a wide array of vitamins, such as most of the B vitamins including folate, as well as macro and trace minerals, such as potassium, copper, chromium, selenium and zinc. Bluebonnet's Super Earth® Brewer's Yeast Powder is a perfect whole food addition to any healthy diet, providing the opportunity for complete and balanced nutrition.



TYPICAL PROFILE **AMINO PER** **ACID SERVING**
Values are based on amino acid milligram percentages per 14 grams of protein in a single serving of Bluebonnet's Super Earth® Brewer's Yeast Powder.

Amino Acid	% Total Protein*	mg*
Alanine	8.4%	1176
Arginine	5.7%	798
Aspartic Acid	11.4%	1596
Cysteine/Cystine	3.7%	518
Glutamic Acid	18.9%	2646
Glycine	5.5%	770
Histidine	5.1%	714
Isoleucine**	5.7%	798
Leucine**	8.4%	1176
Lysine	9.6%	1344
Methionine	1.4%	196
Phenylalanine	5.1%	714
Proline	4.3%	602
Serine	5.5%	770
Threonine	5.7%	798
Tryptophan	1.2%	168
Tyrosine	3.5%	490
Valine**	6.7%	938

*Values are based on a calculation of 14 grams of protein from Brewer's Yeast Powder.
** Branched Chain Amino Acids

WARNING Consuming this product can expose you to lead and mercury which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food



Bluebonnet®

SUPER EARTH®

BREWER'S YEAST POWDER

NON-BITTER

Unflavored • Unsweetened • Unfortified

Carefully Grown on Non-GMO
Sugar Beet Molasses

DIETARY SUPPLEMENT • EASY-TO-MIX POWDER



PER SERVING
115
CALORIES
14 g
PROTEIN
6 g
FIBER
Vitamins & Minerals

Supplement Facts

Serving Size 2 Scoops (30 g)
Servings Per Container 15

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories	115		Biotin	9 mcg	30%
Total Fat	1 g	1%**	Pantothenic Acid	3 mg	60%
Total Carbohydrate	12 g	4%**	Calcium	25 mg	2%
Dietary Fiber	6 g	21%**	Iron	1.2 mg	7%
Total Sugars	5 g	*	Magnesium	30 mg	7%
Protein	14 g	28%**	Phosphorus	220 mg	18%
Thiamin	0.9 mg	75%	Zinc	2 mg	18%
Riboflavin	1.8 mg	138%	Selenium	65 mcg	118%
Niacin	10 mg	63%	Copper	0.19 mg	21%
Vitamin B6	0.9 mg	53%	Chromium	13 mcg	37%
Folate	425 mcg DFE	106%	Potassium	585 mg	12%

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: Brewer's Yeast.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com



Made in USA from imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Bluebonnet's KOF-K
Certification #K-0000700

This product is sold by weight, not volume. Therefore, settling of contents may occur during shipping.

To assure freshness and potency, store in a cool, dry place, away from heat, light and moisture.

NET WT. 1 lb. (454 g)