

Bluebonnet's Probiotic & Prebiotic Vegetable Capsules are formulated with 30 billion viable cultures from 20 DNA-verified, scientifically supported strains. This unique, science-based probiotic formula includes the prebiotic inulin (fructooligosaccharides), from chicory root extract, to assist the growth of friendly bacterium in the gut.♦

MAY SUPPORT



Optimal
Digestion



Immune
Health

Free of egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of gluten, barley, rice, sodium and sugar.

CAUTION: For adults only. Consult your healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

PROBIOTIC & PREBIOTIC

LIVE CULTURES

30
BILLION

DNA-VERIFIED

20
STRAINS

**Optimal Digestive
& Immune Health♦**



Dietary Supplement
30 Vegetable Capsules

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.
Refrigeration required to ensure potency.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Probiotic Blend (30 Billion CFU^{††}) 214 mg *

(Lactobacillus plantarum HA-119, Lactobacillus rham nosus HA-500, Lactobacillus casei HA-108, Lactobacillus helveticus HA-501, Lactobacillus salivarius HA-118, Lactobacillus bulgaricus HA-137, Bifidobacterium longum HA-135, Bifidobacterium breve HA-129, Bifidobacterium bifidum HA-132, Streptococcus thermophilus HA-110)

Kefir Starter Culture R0215 5 mg *

(Lactobacillus paracasei, Lactobacillus plantarum, Saccharomyces boulardii, Lactococcus lactis ssp lactis cremoris, Lactococcus lactis ssp lactis biovar diacetylactis, Leuconostoc mesenteroides ssp. Cremoris, Saccharomyces cerevisiae, Zygosaccharomyces florentinus)

Bulgarian Yogurt Starter Culture R0094 5 mg *

(Lactobacillus bulgaricus, Streptococcus thermophilus)

Inulin (from chicory root extract) 21 mg *

* Daily Value not established.

††Colony Forming Units

Other ingredients: Capsule (hypromellose, purified water), potato starch, ascorbic acid (preservative), vegetable cellulose, vegetable magnesium stearate.

Contains: Milk, soybeans.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

