

**Bluebonnet's Probiotic & Prebiotic Vegetable Capsules** are formulated with 10 billion viable cultures from 20 DNA-verified, scientifically supported strains. This unique, science-based probiotic formula includes the prebiotic inulin (fructooligosaccharides), from chicory root extract, to assist the growth of friendly bacterium in the gut.♦

MAY SUPPORT



**Free** of egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of gluten, barley, rice, sodium and sugar.

CAUTION: For adults only. Consult your healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**

# PROBIOTIC & PREBIOTIC

LIVE CULTURES

**10  
BILLION**

DNA-VERIFIED

**20  
STRAINS**

**Optimal Digestive  
& Immune Health♦**



**Dietary Supplement  
30 Vegetable Capsules**

**Directions:** As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.  
**Refrigeration required to ensure potency.**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

### Amount Per Serving

**Probiotic Blend (10 Billion CFU<sup>††</sup>)** 72 mg \*

(Lactobacillus plantarum HA-119, Lactobacillus rham nosus HA-500, Lactobacillus casei HA-108, Lactobacillus helveticus HA-501, Lactobacillus salivarius HA-118, Lactobacillus bulgaricus HA-137, Bifidobacterium longum HA-135, Bifidobacterium breve HA-129, Bifidobacterium bifidum HA-132, Streptococcus thermophilus HA-110)

**Kefir Starter Culture R0215** 5 mg \*

(Lactobacillus paracasei, Lactobacillus plantarum, Saccharomyces boulardii, Lactococcus lactis ssp lactis cremoris, Lactococcus lactis ssp lactis biovar diacetylactis, Leuconostoc mesenteroides ssp. Cremoris, Saccharomyces cerevisiae, Zygosaccharomyces florentinus)

**Bulgarian Yogurt Starter Culture R0094** 5 mg \*

(Lactobacillus bulgaricus, Streptococcus thermophilus)

**Inulin (from chicory root extract)** 7 mg \*

\* Daily Value not established.

††Colony Forming Units

Other ingredients: Capsule (hypromellose, purified water), potato starch, ascorbic acid (preservative), vegetable cellulose, vegetable magnesium stearate.

**Contains: Milk, soybeans.**

Manufactured by  
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