

TABLET SIZE



Made in the USA
CODE 0169
V3

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially antidepressants such as SSRIs and MAOIs), or have a medical condition. May cause drowsiness. Do not use with alcoholic beverages or while operating heavy machinery. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 1 to 3 times daily on an empty stomach, with final dose at bedtime, or as directed by your physician. Consider taking these other NOW® products: Inositol and Magnesium.

L-Tryptophan is an essential amino acid; therefore, it is not synthesized by the body and must be obtained from the diet. L-Tryptophan is critical for the production of serotonin and melatonin, which help to support a positive mood, healthy sleep patterns, and proper immune system function.* Every lot of NOW® L-Tryptophan is tested to be free of Peak E and microbial contamination.



Double Strength L-Tryptophan

SUPPORTS RELAXATION

1000 mg

- Premium Grade
- Encourages Positive Mood
- Promotes Restful Sleep*

60 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

L-Tryptophan (Free-Form)	1 g (1,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0169

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® Double Strength L-Tryptophan has twice the L-Tryptophan (1000 mg per tablet) as in our regular strength product (500 mg per capsule).

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.