

Directions: As a dietary supplement, take 1/2 teaspoon daily with water or as directed by a healthcare practitioner.

Bluebonnet's MSM Powder contains patented **OptiMSM®** methylsulfonylmethane, a non-toxic form of active sulfur that is tested in our own state-of-the-art laboratory for purity and potency. MSM helps support healthy joint cartilage and connective tissue. Available in easy-to-mix powder for maximum assimilation and absorption. ♦

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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Bluebonnet®



MSM Powder

Patented Methylsulfonylmethane Sulfur
Dietary Supplement
4 OZ (113 g)



Supplement Facts

Serving Size 1/2 Teaspoon (2.6 g)
Servings Per Container 43

Amount Per Serving		% Daily Value
MSM (methylsulfonylmethane)	2600 mg	*

* Daily Value not established.

Other ingredients: None.

Free of milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

OptiMSM® is a registered trademark of Cardinal Nutrition, Inc.