

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's MSM 1000 mg Capsules contain patented OptiMSM[®] methylsulfonylmethane, a non-toxic form of active sulfur that is tested in our own state-of-the-art laboratory for purity and potency. MSM helps support healthy joint cartilage and connective tissue. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption. ♦

OptiMSM[®] is a registered trademark of Cardinal Nutrition, Inc.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, TX 77478 USA

www.bluebonnetnutrition.com



Bluebonnet[®]



MSM

1000 mg

Patented Methylsulfonylmethane Sulfur
Dietary Supplement

60 Vegetable Capsules

OptiMSM[®]



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
MSM (methylsulfonylmethane)	1000 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700