

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Evening Primrose Oil 500 mg Softgels contain an oil from the seed of the evening primrose plant. Our oil is squeezed by a process known as cold pressing, thus providing essential fatty acids including GLA which may help support women's health. No heat, solvents or chemicals (i.e., **hexane free**) are used in the extraction process. Available in easy-to-swallow softgels for maximum assimilation and absorption.♦

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in USA from domestic and imported ingredients.

Manufactured for
Bluebonnet Nutrition Corporation
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www.bluebonnetnutrition.com



Bluebonnet®



Evening Primrose Oil

500 mg (GLA 50 mg)
Dietary Supplement
100 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Evening Primrose Oil	500 mg	*
Linoleic Acid	370 mg†	*
Gamma Linolenic Acid	50 mg†	*
Oleic Acid	25 mg†	*

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water. †Fatty acid content is based on an average; amounts may vary.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.