

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Alpha Lipoic Acid 300 mg Vegetable Capsules are formulated with the powerful free radical scavenger alpha lipoic acid in its crystalline form. Alpha lipoic acid is unique in that it is both fat- and water-soluble, and supports the production of glutathione and the recycling of the vitamins C and E for cellular protection.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement
30 Vegetable Capsules



Bluebonnet



**Alpha
Lipoic Acid
300 mg**

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving		% Daily Value
Alpha Lipoic Acid (as thioctic acid)	300 mg	*

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Manufactured by
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