SHAKE WELL

Buried Treasure's VM-100 is the Highest Potency Vitamin plus Plant-Derived Minerals Liquid Multivitamin Supplement available today. Rich in antioxidants, VM-100's liquid form starts working for you faster than any tablet, capsule or softgel product.

Because the digestive system becomes less effective as we age, leading to poor absorption of nutrients, highly absorbable liquid VM-100 COMPLETE is the perfect solution for all ages!*

DIRECTIONS: SHAKE WELL BEFORE EACH USE. REFRIGERATE AFTER OPENING. BEST IF USED WITHIN 45 DAYS FROM OPENING. Adults should take 2 tablespoons daily. We recommend you mix it with your favorite juice. Do not take on an empty stomach.

This product is wheat, gluten, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children. For Dietary Supplement Use Only.

The statements on this label have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with renewable energy

Manufactured by:
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32 DAY SUPPLY • VEGETARIAN SAFE

BURIED TREASURE™
Liquid Nutrients

Wheat, Gluten, Yeast & Dairy FREE

VM100 COMPLETE

Vitamins, Minerals, Antioxidants

Orange Zest

HIGH POTENCY

Dietary Supplement
Whole Food Complex • 32 FL OZ (946 ml)

Supplement Facts

Serving Size: 2 Tbsp. (30 mL) — Servings per Container: 32

Amount per Serving		%DV*
Calories	20	
Carbohydrates	5 g	2%*
Sugars	4 g	†
Vitamin A (beta-carotene)	10,000 IU	200%
Vitamin C (ascorbic acid)	1,000 mg	1666%
Vitamin D (ergocalciferol)	1200 IU	300%
Vitamin E (d-alpha tocopheryl)	400 IU	1333%
Vitamin B-1 (thiamin)	50 mg	3333%
Vitamin B-2 (riboflavin)	50 mg	2941%
Niacin (niacinamide)	50 mg	250%
Vitamin B-6 (pyridoxine HCL)	50 mg	2500%
Methylfolate (calcium L-5 methyltetrahydrofolate)	500 mcg	125%
Vitamin B-12 (methylcobalamin)	1,000 mcg	16666%
Biotin	300 mcg	100%
Pantothenic Acid	150 mg	1500%
Calcium (citrate)	100 mg	10%
Magnesium (citrate)	50 mg	12%
Zinc (citrate)	15 mg	100%

Amount per Serving	%DV*
Copper (gluconate)	2 mg 100%
Manganese (citrate)	3 mg 150%
Selenium (chelate)	100 mcg 143%
Chromium (picolinate)	100 mcg 83%
Potassium (citrate)	50 mg 1.4%
Inositol	50 mg †
Paba (para-aminobenzoic acid)	50 mg †
Citrus Bioflavonoids (hesperidin)	65 mg †
Choline Bitartrate	50 mg †
Rutin	40 mg †
Rosemary Extract (leaves)	30 mg †
Grape Seed Extract	5 mg †
Alpha Lipoic Acid	2.5 mg †
Ginkgo Biloba Extract (leaves)	10 mg †
Boron (citrate)	2 mg †
Lycopene	200 mcg †
70+ Plant Source Minerals Proprietary Blend	250 mg †

*Percentage of Daily Value based on a 2,000 caloric diet. †Daily Value not established.

Other Ingredients: Pure mountain water, white grape juice, orange juice, apple juice, natural blood orange and orange flavor, natural vitamin/mineral mask flavor, xanthan gum, guar gum, potassium sorbate (to ensure freshness), nisin (naturally ensures freshness), polylysine (natural preservative) and sunflower lecithin.

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