

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

**Bluebonnet's Chromium Picolinate 500 mcg Capsules** contain yeast-free chromium in a chelate of picolinic acid. Chromium is a micromineral that supports healthy glucose metabolism. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption. ♦

Chromax® is a registered trademark of Nutrition 21, Inc.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by  
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# Bluebonnet



# Chromium Picolinate 500 mcg

Dietary Supplement  
**100 Vegetable Capsules**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Chromium (as chromium picolinate)	500 mcg	1429

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Minerals are shown in their elemental value.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700