



SUPER IRON COMPLEX 50

*timed release
with vitamin C*

Highly absorbable
with chelated forms
of iron]

250 tablets
dietary supplement

Directions: As a dietary supplement, take 1 tablet daily with a meal.

Iron is instrumental in hemoglobin production and oxygen delivery. Viva Super Iron Complex includes Vitamin C, Vitamin B-12 and Folic acid to help optimize the benefits of iron.

Caution: Persons with diagnosed iron-deficiency anemia should consult their physician regarding higher intake of iron supplements.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. In case of accidental overdose, call a physician or Poison Control Center immediately.

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

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by Pharma Labs Group LLC, Farmingdale, NY 11735
for more information visit www.vivavitamins.com
MADE IN THE USA
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Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 250

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	75 mg	125%
Vitamin B6 (as Pyridoxine HCl)	25 mg	1,250%
Folic Acid	200 mcg	50%
Vitamin B12 (as Cyanocobalamin)	50 mcg	833%
Calcium (as Dicalcium Phosphate)	100 mg	10%
Iron (as Ferrous Fumarate, Ascorbate, Aspartate, Amino Acid Chelate, Citrate, Gluconate, Ketoglutarate, Malate, Succinate)	50 mg	278%
Copper (as Gluconate)	1 mg	50%

* %Daily Value (DV) not established.

Other Ingredients: Xanthan gum, microcrystalline cellulose, stearic acid (vegetable source), magnesium (vegetable source).