

Directions: As a dietary supplement, take one tablespoon (15 mL) daily or as directed by a healthcare practitioner.

Bluebonnet's Liquid Bone Support with Calcium Magnesium and Vitamins D3 & K2 is formulated with the more bioavailable chelated forms of calcium (calcium citrate) and magnesium (magnesium citrate and aspartate). Calcium and magnesium are the most abundant minerals in the body. They are not just necessary for healthy bones and teeth; they are also essential for healthy blood circulation, nerve impulse transmission, muscle contractions, and cell metabolism. This bone-building formula also incorporates vitamin D3 (cholecalciferol) from lanolin and vitamin K2 from natto to further help increase bone density and reduce bone loss. Available in a delicious blueberry flavor.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of gluten, barley, rice and sodium

Minerals are shown in their elemental value.



KOF-K Certification #K-0003138

Made in USA from domestic and imported ingredients.

Shake well before serving. Refrigerate after opening.
Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

Liquid Bone Support.

CALCIUM / MAGNESIUM
D₃ & K₂ FORMULA

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 32

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	2 g	<1%**
Total Sugars (as fructose)	1 g	*
Includes 1 g added sugars		2%**
Vitamin D3 (as 400 IU cholecalciferol)	10 mcg	50%
Calcium (as calcium citrate)	600 mg	46%
Magnesium (as magnesium citrate, aspartate)	300 mg	71%
Vitamin K2 (as menaquinone [MK-7])	45 mcg	*

**Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Purified water, fructose, citric acid, natural blueberry flavor, xanthan gum, potassium sorbate (to protect freshness), carrageenan.

Manufactured for
Bluebonnet Nutrition Corporation
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Sugar Land, Texas 77478 USA
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DIETARY SUPPLEMENT • 16FL OZ (473 mL)