

**Directions:** As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

**Bluebonnet's Chelated Magnesium Bisglycinate Capsules** contain 200 mg per serving of elemental magnesium from fully reacted magnesium bisglycinate, an amino acid chelate mineral from Albion. Magnesium supports energy production and is critical for enzyme function. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption. ♦

**Albion** and **Albion Medallion Design** are registered trademarks of Albion Laboratories, Inc.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by  
**Bluebonnet Nutrition Corp.**  
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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

This product is not produced with genetic engineering methods or materials according to the requirements of the NSF Non-GMO Program. For more information visit [www.nsfnon GMO.org](http://www.nsfnon GMO.org)



**Chelated Magnesium Bisglycinate**  
**Dietary Supplement**  
**60 Vegetable Capsules**

**Bluebonnet**

**Chelated  
Magnesium**



## Supplement Facts

Serving Size 2 Capsules  
Serving Per Container 30

| Amount<br>Per Serving                            |        | % Daily<br>Value |
|--------------------------------------------------|--------|------------------|
| Magnesium<br>(as magnesium bisglycinate chelate) | 200 mg | 48               |

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700