

Bluebonnet's Buffered Chelated Magnesium Vegetable Capsules are formulated with magnesium bisglycinate chelate buffered with magnesium oxide to increase the pH (alkalinity) of the formula, making it more gentle on the digestive tract and easier to absorb. Magnesium supports energy production and is critical for enzyme function.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Caution: For adults only.
Consult physician if pregnant/
nursing, taking medication,
or have a medical condition.
Keep out of reach of children.



Dietary Supplement

60 Vegetable Capsules

Bluebonnet

Buffered Chelated Magnesium

Stress, Immune & Heart Health ♦



Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Magnesium (as magnesium bisglycinate chelate, magnesium oxide)	200 mg	48%

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.

Manufactured by
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