

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin D₃ 400 IU Capsules contain pure vitamin D₃ (cholecalciferol) from lanolin. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured by
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Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



Bluebonnet



Vitamin D₃ 400 IU

Natural Lanolin Source
Dietary Supplement



90 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin D ₃	10 mcg	50
(as 400 IU cholecalciferol from lanolin)		

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700