

EstroFactors® is designed to relieve mild mood swings, breast tenderness, cramping, and occasional sleeplessness associated with premenstrual syndrome and other hormone-related issues. This unique formula features natural selective estrogen receptor modulators (SERMs) and L-5-methyl tetrahydrofolate to support multiple aspects of estrogen metabolism.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**DIRECTIONS:** Take three tablets daily with a meal or as directed by your healthcare practitioner.

**CAUTION:** Not recommended for pregnant or nursing women. The effectiveness of oral contraceptives for birth control cannot be ensured while taking this product. If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

**WARNING:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5000 IU of preformed vitamin A (retinyl palmitate) per day.

**STORAGE:** Keep tightly closed in a cool, dry place.

**Formulated to Exclude:** Wheat, gluten, soy protein, dairy products, nuts, tree nuts, fish, crustacean shellfish, artificial colors, artificial sweeteners, and preservatives.

**Metagenics®**

Genetic Potential Through Nutrition



# EstroFactors®

Promotes Estrogen Balance,  
Reduces Menopausal Symptoms\*

Dietary Supplement

180 TABLETS

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A [(50% as Betatene® mixed carotenoids, 50% as retinyl palmitate)]	2500 IU	50%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	661%
Vitamin K	40 mcg	50%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	50 mg	2500%
Folate (as folic acid and L-5-methyl tetrahydrofolate*)	800 mcg	200%
Vitamin B <sub>12</sub> [(as methylcobalamin and cyanocobalamin)]	30 mcg	500%
Isoflavones [from a proprietary blend of red clover flowering top extract ( <i>Trifolium pratense</i> ) and kudzu root extract ( <i>Pueraria lobata</i> )]	100 mg	
Turmeric Rhizome Extract ( <i>Curcuma longa</i> ) [standardized to 95% (200 mg) curcuminoids]	210 mg	
Rosemary Leaf Extract ( <i>Rosmarinus officinalis</i> ) [contains 5.1%–7.6% (10.2 mg–15.2 mg) carnosic acid/carnosol]	200 mg	
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	2 mg	
Trimethylglycine (as betaine HCl)	200 mg	
Drysin	90 mg	

\*Daily Value not established.

Other Ingredients: Stearic acid, microcrystalline cellulose, calcium silicate, croscarmellose sodium, silica, magnesium stearate, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: METAGENICS, INC.  
Makers of Professional Quality Supplements  
100 Ave. La Pata, San Clemente, CA 92673 • [www.metagenics.com](http://www.metagenics.com)  
\*As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

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