



Did you know?

Magnesium: The master mineral. Low magnesium levels are associated with stress, adrenal fatigue and muscle cramping. **ZEN NATURAL** works to restore healthy magnesium levels.¹

ZEN NATURAL

RELAX · RECOVER · RESTORE¹

DIRECTIONS: Take 3 veggie capsules with 10 fl. oz. of water in the evening. Use for 12 -16 weeks for best results.

HOW TO USE



Count 3 veggie capsules of **ZEN NATURAL**.



Take **ZEN NATURAL** with 10 fl. oz. of water.



ZEN NATURAL should be taken in the evening.

Supplement Facts

Serving Size: 3 Veggie Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin D3	25mcg	125%*
Vitamin B6 (Pyridoxine HCl)	83mg	4,882%*
Magnesium	400mg	96%*
Di-Magnesium Malate (Albion™)	2000mg (2g)	**
L-Theanine	90mg	**

** Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Rice Flour, Magnesium Stearate, Hypromellose. Albion™ is a trademark of Albion Laboratories, Inc.



PLEASE RECYCLE



Manufactured in a cGMP Certified Facility.

WARNING: Keep out of reach of children. Consult a physician before using this product. Do not use if you have kidney failure, pacemaker or excessively low blood pressure. If you develop loose stools, reduce serving size to 1-2 capsules per day for 7 days. **STORE IN A COOL DRY PLACE AND AVOID EXCESSIVE HEAT.** Do not use if tamper evident seal is broken or missing.

¹These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Nutrology Zen Natural Magnesium (30 Servings)

EXCLUSIVELY DEVELOPED & DISTRIBUTED BY
NUTROLOGY
#NaturallyBetter

A DIVISION OF
FITLIFE
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OMAHA, NE 68137
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Made in the USA
from International and
Domestic Ingredients.

NUTROLOGYONLINE.COM



5214398554

400 MG
MAGNESIUM

25 MC6
VITAMIN D

50 MG
L-THEANINE

DIETARY SUPPLEMENT

90 VEGGIE CAPS