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Caution: For adults only.
Consult physician if pregnant/
nursing, taking medication,
or have a medical condition.
Keep out of reach of children.

**Bluebonnet**

Multiminerals & Boron

iron-free**Full Spectrum****Dietary Supplement****90** Vegetable
Capsules

Directions: As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 22.5

Amount Per Serving	% Daily Value
Calcium (as citrate, carbonate)	1000 mg 77%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as aspartate, oxide)	500 mg 119%
Zinc (as zinc picolinate)	30 mg 273%
Selenium (as L-selenomethionine)	200 mcg 364%
Copper (as copper histidine)	2 mg 222%
Manganese (as manganese L-histidine)	10 mg 435%
Chromium (as chromium picolinate)	200 mcg 571%
Molybdenum (as glycinate chelate)	100 mcg 222%
Potassium (as potassium aspartate)	99 mg 2%
Boron (as citrate, aspartate, glycinate)	3 mg *

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), silicon dioxide, vegetable cellulose, vegetable magnesium stearate.

Manufactured by

Bluebonnet Nutrition Corporation
12915 Dairy Ashford

Sugar Land, Texas 77478 USA

bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish,
tree nuts, peanuts, wheat and soybeans.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

