



# Carlson



kid's  
Norwegian

# Cod Liver Oil

550 mg Omega-3s  
+ Vitamins A & D<sub>3</sub>

DIETARY SUPPLEMENT

Natural  
Green  
Apple  
Flavor

✓ Heart Health\* ✓ Brain Function\*  
✓ Immune Support\*  
8.4 fl oz (250 mL)

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## The Finest Norwegian Cod Liver Oil

### Supplement Facts

Serving Size 1/2 Teaspoon (2.5 mL)  
Servings Per Container 100

Amount Per Serving	% DV <sup>1</sup>	% DV <sup>2</sup>
Calories	20	
Total Fat	2.5 g	6%* 3%**
Cholesterol	10 mg	3% 3%
Vitamin A (from cod liver oil and retinyl palmitate)	127 mcg RAE <sup>a</sup>	42% 14%
Vitamin D (from cod liver oil and cholecalciferol)	5 mcg (200 IU)	33% 25%
Vitamin E (as d-alpha tocopherol)	3.3 mg	55% 22%
Norwegian Cod Liver Oil	2.3 g	† †
Total Omega-3 Fatty Acids <sup>o</sup>	550 mg	† †
DHA (Docosahexaenoic Acid) <sup>o</sup>	250 mg	† †
EPA (Eicosapentaenoic Acid) <sup>o</sup>	185 mg	† †
DPA (Docosapentaenoic Acid) <sup>o</sup>	25 mg	† †

1 Daily Value (DV) for children 1 through 3 years of age.  
2 Daily Value (DV) for adults and children 4 years of age or older.  
<sup>a</sup> Percent Daily Values are based on a 1,000 calorie diet.  
<sup>\*\*</sup> Percent Daily Values are based on a 2,000 calorie diet.  
<sup>†</sup> Daily Value (DV) not established. <sup>o</sup>Reported as triglycerides.

Other Ingredients: Natural flavors, natural mixed tocopherols. Contains fish (cod).  
<sup>†</sup>Vitamin A: 127 mcgRAE = 425 IU  
**Directions:** Children 2 years and older take 1/2 teaspoonful once or twice daily at **mealtime**. Consult your pediatrician before giving to children under 2 years of age. Refrigerate after opening, and use within 100 days.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

**PURITY GUARANTEED**

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCs international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.  
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