



SAMe

NERVOUS SYSTEM SUPPORT

400 mg

- Supports Emotional Well-Being
- Supports Joint Health*

30 Tablets

A Dietary Supplement
Vegetarian/Vegan

**ENTERIC
COATED**



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine)	400 mg*
(from 800 mg of S-Adenosyl-L-Methionine Disulfate Tosylate)	

* Daily Value not established.

Other ingredients: Cellulose, Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica, Stearic Acid (vegetable source), Ascorbic Acid, Citric Acid and Enteric Coating (cellulose, triethyl citrate, methacrylic acid).

Formulated & Distributed by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0139

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packets. Keep in Bottle. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 2 to 4 times daily, preferably on an empty stomach.

Refrigeration recommended after opening.

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAMe can help to temporarily alleviate minor joint discomfort resulting from overexertion or stress. In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in mood support. NOW® SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation.*

Caution: For adults only. Individuals with bipolar (manic) depression and those with anxiety disorders should not take SAMe unless under professional medical supervision. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. **CODE 0139B** V4

Made in the
USA

