



Age-Less CHOICE[®]

Men 50+

DIETARY SUPPLEMENT
90 CAPLETS



Bluebonnet



Directions: As a dietary supplement, take three caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamins & Minerals			
Vitamin A (as beta-carotene 2500 IU) (as vitamin A palmitate 2500 IU)	1125 mcg 125%	Potassium (as glycinate complex)	25 mg <1%
Vitamin C (as L-ascorbic acid)	500 mg 556%	Choline (as bitartrate)	8 mg 1%
Vitamin D ₃ (as 1000 IU cholecalciferol)	25 mcg 125%	Inositol	50 mg *
Vitamin E (as 200 IU d-alpha tocopheryl succinate)	134 mg 893%	PABA (para-aminobenzoic acid)	30 mg *
Thiamin (as thiamin mononitrate)	50 mg 4167%	Boron (as boric acid, glycine)	3 mg *
Riboflavin (as riboflavin)	50 mg 3846%	Heart Health Blend ♦	
Niacin (as niacinamide)	50 mg 313%	Pomegranate Whole Fruit Extract	30 mg *
Vitamin B ₆ (as pyridoxine HCl)	50 mg 2941%	Toronto Extract	20 mg *
Folate (as 400 mcg folic acid)	667 mcg DFE 167%	Coenzyme Q10 (as ubiquinone)	10 mg *
Vitamin B ₁₂ (as cyanocobalamin, methylcobalamin)	600 mcg 25,000%	Male Prostate Health Blend ♦	
Biotin	300 mcg 1000%	Rhodiola Rosea Root Extract	30 mg *
Pantothenic acid (as calcium D-pantothenate)	100 mg 2000%	Saw Palmetto Berry Extract	30 mg *
Calcium (as citrate, malate)	50 mg 4%	Stinging Nettle Leaf Extract	30 mg *
Iodine (as potassium iodide)	150 mcg 100%	Quercetin	25 mg *
Magnesium (as oxide, bisglycinate chelate)	25 mg 6%	Brain Health Blend ♦	
Zinc (as bisglycinate chelate)	30 mg 273%	Acetyl-L-Carnitine (free-form)	50 mg *
Selenium (as glycinate complex)	200 mcg 364%	Ginkgo Biloba Leaf Extract	25 mg *
Copper (as bisglycinate chelate)	1 mg 111%	Phosphatidylserine Complex	25 mg *
Manganese (as manganese gluconate)	2 mg 87%	Joint Health Blend ♦	
Chromium (as nicotinate glycinate chelate)	200 mcg 571%	Vegetable Glucosamine HCl	200 mg *
Molybdenum (as glycinate chelate)	100 mcg 222%	MSM (methylsulfonylmethane)	100 mg *
		White Willow Bark Extract	25 mg *
		Whole Food Phytonutrient Blend ♦	
		Elderberry Fruit Extract	30 mg *
		Green/White/Black Tea Leaf Extract	30 mg *
		Turmeric Root Extract	30 mg *
		Marigold Flower Extract	10 mg *

*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, vegetable riboflavin glaze.

Contains: Soybeans

Manufactured by

Bluebonnet Nutrition Corporation

12915 Dairy Ashford,

Sugar Land, TX 77478 USA

bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to P65Warnings.ca.gov/food

