



SUPER IRON COMPLEX 100

with vitamin C

Ultra potent,
highly absorbable
iron supplement]

100 tablets
dietary supplement

Directions: As a dietary supplement, take 1 tablet daily with a meal.

Iron is instrumental in hemoglobin production and oxygen delivery. Viva Super Iron Complex includes Vitamin C, Vitamin B-12 and Folic acid to help optimize the benefits of iron.

Caution: Persons with diagnosed iron-deficiency anemia should consult their physician regarding higher intake of iron supplements.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. In case of accidental overdose, call a physician or Poison Control Center immediately.

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.]

Viva Vitamins™ fully guarantees the potency of this product through:

©2008 Manufactured exclusively for Viva Vitamins
by Phoenix Labs Rising LLC, Farmingdale NY 11735
for more information visit www.vivavitamins.com

MADE IN THE USA
216244108



1 2720 01216 6

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	150 mg	250%
Vitamin B6 (as Pyridoxine HCl)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	100 mcg	1,667%
Calcium (as Dicalcium Phosphate)	195 mg	19%
Iron (as Ferrous Fumarate, Ascorbate, Aspartate, Amino Acid Chelate, Citrate, Gluconate, Ketoglutarate, Malate, Succinate)	100 mg	555%
Copper (as Gluconate)	2 mg	100%

* %Daily Value (DV) has not been established

Other Ingredients: Xanthan gum, microcrystalline cellulose, stearic acid (vegetable source), magnesium (vegetable source).