



SAMe

NERVOUS SYSTEM SUPPORT

100 mg

• **Supports Cartilage Production***

**ENTERIC
COATED**

30 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine)	100 mg*
(from 200 mg of S-Adenosyl-L-Methionine Disulfate Tosylate)	

* Daily Value not established.

Other ingredients: Cellulose, Croscarmellose Sodium, Magnesium Stearate (vegetable source), Stearic Acid (vegetable source), Silica, Ascorbic Acid, Citric Acid and Enteric Coating (cellulose, triethyl citrate, methacrylic acid).

Formulated & Distributed by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0135

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packets. Keep in Bottle. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 2 to 4 times daily, preferably on an empty stomach.

Refrigeration recommended after opening.

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. SAMe is critical for the synthesis of neurotransmitters, is important for energy production in the brain, contributes to the maintenance of healthy cell membrane function, and influences cartilage metabolism. NOW® SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation.*

Caution: For adults only. Individuals with bipolar (manic) depression and those with anxiety disorders should not take SAMe unless under professional medical supervision. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CODE 0135B VS

Made in the
USA

