

Ketogenic Collagen

Featuring MCT, pumpkin seed protein, and gum acacia



naked Unflavored

PRACTITIONER EXCLUSIVE

Dietary Supplement NET WT. 1 lb 1.04 oz (17.04 oz) (483 g)

Supplement Facts

Serving Size 2 Scoops (34.5 g) Servings Per Container 14

	Amount Per Serving	% Daily Valu
Calories	190	
Total Fat	15 g	19%*
Saturated Fat	6 g	30%*
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	7 g	**
Total Carbohydrate	7 g	3%*
Protein	10 g	12%*
Vitamin A (as retinyl palmitate)	370 mcg	41%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D (as cholecalciferol) 1	0 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopheryl aceta	te) 5 mg	33%
Thiamin (as thiamin HCI)	0.37 mg	31%
Riboflavin	0.42 mg	32%
Niacin (from niacinamide)	6 mg	38%
Vitamin B ₆ (as pyridoxine HCl)	0.5 mg	29%
Folate (as calcium L-5-methyltetrahydrofola	310 mcg DFE ate) [†]	78%
Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg	63%
Biotin	75 mcg	250%
Pantothenic Acid (as calcium D-pantothenate)	2.5 mg	50%
Iron	1.5 mg	8%
lodine (as potassium iodide)	37 mcg	25%
Zinc (as zinc gluconate)	11.2 mg	102%
Selenium (as selenomethionine)	52 mcg	95%
Copper (as copper gluconate)	1.5 mg	167%
Manganese (as manganese gluconate)	2 mg	87%
Chromium (as chromium picolinate)	120 mcg	343%
Sodium	130 mg	6%
Potassium	260 mg	6%
Hydrolyzed Type I and Type III Collagen	(bovine) 6 g	**
Medium-Chain Triglyceride Oil (MCT)	5 g	**

^{*}Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: Organic pumpkin seed protein, high oleic sunflower oil, and gum acacia.

MANUFACTURED BY: METAGENICS GIG HARBOR, WA 98332 800 692 9400 • METAGENICS.COM



Featuring a sugar-free formula!

Not a low calorie food

Wellness never tasted so good.

Ketogenic Collagen is formulated to exclude dairy, lactose, soy, wheat, gluten, and is keto- and paleo-friendly. Not only does it have a 70:20:10 ratio of fat, protein, and carbohydrates, it also contains grass-fed*** and pasture-raised collagen peptides types I and III to support skin, nails, bones, and joint health.* Features MCTs for a convenient, multifaceted approach to a ketogenic lifestyle.

Benefits of Collagen and MCT * (per 2 servings)

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Ingredient	Amount	Benefits	
Collagen	12 g	Supports skin health and reduces the appearance of eye wrinkles* Increases nail growth* Helps improve brittle nails* Increases bone density in post-menopausal women* Extracellular matrix/cartilage support* Promotes collagen production by providing precursors for synthesis* Joint support*	
MCT	10 g	Increase circulating ketone levels* Support increased postmeal satiety*	

Directions: Take 1 serving 1-2 times daily or as directed by your healthcare practitioner. Blend, shake or briskly stir 2 scoops (34.5 g) of Ketogenic Collagen into 8 fluid ounces of chilled water.

This product is non-GMO and gluten-free.

Caution: Keep out of reach of children. This product is not intended to be used with a standard diet. For best results, should be used with a ketogenic diet and exercise program. Consult your healthcare provider before use.

Tamper Evident: Do not use if package is torn or open.

Storage: Keep closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.



Gluten-Free

Non-GMO

¹As Metafolin[®], Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany

^{*}Vitamin/mineral premix adds a trivial amount of sugar

^{***}Predominantly grass-fe