

MetaKids® Nutrition Powder provides important foundation nutrition for children 4-12 years old. This comprehensive formula features breakthrough prebiotic human milk oligosaccharides\* (PreBiome Z'-FL™)—structurally much like that found in mother's milk—along with a blend of essential nutrients such as choline, plant sourced DHA, and a proprietary vitamin and mineral blend to help support a healthy diet. With 8 grams of high-quality plant-based rice protein and added amino acids, MetaKids Nutrition Powder has a perfect children's Protein Digestibility-Corrected Amino Acid Score (PDCAAS) of 1.0—providing a complete and balanced source of protein to support children's growth.\*

\*Not from human milk.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Directions:** For children ages 4-12, blend, shake, or briskly stir about one scoop (27 g) into 8 ounces of pure, distilled, or filtered water until powder is completely dissolved.

**This product is non-GMO and gluten-free.**

**Warning:** Keep out of the reach of children.

**Tamper Evident:** Do not use if safety seal is missing or broken.

**Storage:** Keep tightly closed in a cool, dry place.

**Metagenics®**

# MetaKids® Nutrition Powder

Vanilla Flavor with other natural flavors



DIETARY  
SUPPLEMENT

NET WT.  
13.33 oz (378 g)



PRACTITIONER EXCLUSIVE

## Supplement Facts

Serving Size 1 Scoop (27 g)  
Servings Per Container 14

|                          | Amount Per Serving | % Daily Value |                            | Amount Per Serving | % Daily Value |
|--------------------------|--------------------|---------------|----------------------------|--------------------|---------------|
| Calories                 | 90                 |               | Biotin                     | 12 mcg             | 40%           |
| Total Fat                | 2 g                | 5%*           | Pantothenic Acid           | 3 mg               | 60%           |
| Saturated Fat            | 1.5 g              | 5%*           | Choline                    | 50 mg              | 9%            |
| Total Carbohydrate       | 13 g               | 5%*           | Calcium                    | 100 mg             | 10%           |
| Dietary Fiber            | 5 g                | 10%*          | Iron                       | 1 mg               | 6%            |
| Total Sugars             | 4 g                | —             | Phosphorus                 | 100 mg             | 14%           |
| Includes 2g Added Sugars |                    | 4%*           | Iodine                     | 40 mcg             | 40%           |
| Protein                  | 8 g                | 16%*          | Magnesium                  | 12 mg              | 3%            |
| Vitamin A                | 750 mcg            | 85%           | Zinc                       | 3 mg               | 27%           |
| Vitamin C                | 35 mg              | 58%           | Selenium                   | 17 mcg             | 31%           |
| Vitamin D                | 15 mcg (500 IU)    | 75%           | Chromium                   | 15 mcg             | 40%           |
| Vitamin E                | 5.3 mg             | 35%           | Copper                     | 80 mcg             | 9%            |
| Vitamin K                | 35 mcg             | 40%           | Sodium                     | 30 mg              | 1%            |
| Thiamin                  | 0.15 mg            | 13%           |                            |                    |               |
| Riboflavin               | 0.17 mg            | 13%           | Z'-fucosylactose (Z'-FL)   | 500 mg             | —             |
| Niacin                   | 9.8 mg             | 61%           | L-Lysine                   | 200 mg             | —             |
| Vitamin B6               | 0.6 mg             | 35%           | Docosahexaenoic Acid (DHA) | 75 mg              | —             |
| Folate                   | 340 mcg DFE        | 85%           |                            |                    |               |
| Vitamin B12              | 1.2 mcg            | 50%           |                            |                    |               |

\*Percent Daily Values are based on a 2,000 calorie diet.  
—Daily Value not established.

Ingredients: Rice protein concentrate, partially hydrolyzed guar gum, organic cane sugar, medium-chain triglycerides, gum acacia, DHA algal powder (glycerol syrup solids, DHA algal oil, modified corn starch, mannitol, high-oleic sunflower oil, sodium ascorbate, mono and diglycerides, sodium polyphosphate, tricalcium phosphate, natural flavors, tocopherols, sunflower lecithin, and ascorbyl palmitate), Z'-fucosylactose powder, guar gum, disodium phosphate, natural flavors, silica, carboxymethyl cellulose, L-lysine HCl, choline bitartrate (hydrogenated vegetable oil encapsulate (one or more of highly refined soybean oil, palm oil, and cottonseed oil)), vitamin and mineral blend (ascorbic acid, d-alpha tocopheryl acetate, rice flour, zinc gluconate, beta-carotene, niacinamide, retinyl acetate, cholecalciferol, calcium D-pantothenate, selenium selenate, D-biotin, phytylphosphoryl, potassium iodide, pyridoxine HCl, calcium L-5-methyltetrahydrofolate,™ thiamin HCl, riboflavin, chromium polynicotinate, and methylcobalamin), Chinese cinnamon powder, and Luo Han Guo fruit (monk fruit) extract.

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