

ACTUAL SIZE



CODE 0057T
V2

Do Not Eat Freshness Packet. Keep in Bottle.

tissue. Clinical studies have demonstrated that GPLC can provide aerobic power, thereby supporting increased stamina, endurance, and recovery. NOW® GPLC also contains CoQ10 for synergistic support of cardiovascular health.*

SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® 1 to 3 times daily, preferably with food. Consider taking this product in combination with NOW® Arginine & Citrulline and Co-Enzyme B-Complex. GlycoCarn® (Glycine Propionyl-L-Carnitine) GPLC is a patented, highly bioavailable form of Carnitine. Carnitine is an amino acid that plays a crucial role in muscle function by regulating energy flow across cell membranes during exercise. GlycoCarn®, particularly when combined with exercise, has been shown to increase nitric oxide (NO) levels in the blood. NO is known for its vasodilating effects, which help to enhance blood flow to muscles and vital organs of the body, especially the heart. By optimizing the delivery of oxygen and nutrients to the muscles, NO facilitates the production of ATP (energy at the cellular level) and aids in the removal of lactic acid and other metabolic waste products from muscle tissue.

GPLC GlycoCarn®

CELLULAR ENERGY

with CoQ10

- Facilitates the Use of Fat for Energy
- Increases Nitric Oxide (NO) and Enhances Blood Flow*

60 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 30

Amount Per Serving

GlycoCarn® GPLC (Glycine Propionyl-L-Carnitine HCl)	1516 mg*
Propionyl-L-Carnitine (PLC)	1000 mg*
Glycine	348 mg*
Coenzyme Q10 (CoQ10)	50 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Bran, Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS, 296 S. Glen Elyn Rd.
Bloomington, IL 618108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. Store in a cool, dry place. Please Recycle.

GlycoCarn® is a registered trademark of Sigma-Tau HealthScience and is manufactured in the USA (patent 6,703,042 and other foreign patents). The combination of GlycoCarn® GPLC and CoQ10 is patented by Sigma-Tau Industries under USA patent 6,814,972.

Vcaps® is a registered trademark of Capsugel. Vegetarian/Vegan Product.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.