- Organic Prebiotic Fiber
- 3 Ayurvedic Herbs
- Probiotics

KETO PALEO VEGAN GLUTEN FREE

2 BILLION CFUs PROBIOTICS DAILY DOSE

NEW!

ORGANIC INDIA®

PSYLLIUM PRE & PROBIOTIC FIBER ORIGINAL

CERTIFIED ORGANIC

NEW! 5-IN-1

- 2 Billion CFUs probiotics per daily dose
- Promotes digestive health* • Helps maintain regularity*
- Supports heart health† • Lowers cholesterol†
- Promotes appetite control*
- PLUS rejuvenating Triphala cleanses & supports the GI tract*

HEALTHY CONSCIOUS LIVING

56 SERVINGS
DIETARY SUPPLEMENT
NET WT 10 OZ (283.5g)

USDA ORGANIC

KOSHER

NON GMO PROJECT VERIFIED

Certified B Corporation

✓KETO ✓PALEO ✓VEGAN ✓GLUTEN FREE

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ORGANIC INDIA®

AT THE HEART OF ORGANIC INDIA is our commitment to be a living embodiment of love and consciousness in action.

HEALTHY CONSCIOUS LIVING FROM SOIL TO SHELF ensures that each of our products is testimony to the flow of love, respect and connection between Mother Nature, our farmers and you.

ORGANIC REGENERATIVE AGRICULTURE regenerates healthy soil and ecosystems, restores vibrant health to the environment and produces the highest quality herbs, fruits and vegetables.

PARTNERING WITH FAMILY FARMERS provides a life of dignity to our local farmers and their families and revitalizes communities through fair wages, education and healthcare.

WHEN YOU CHOOSE ORGANIC INDIA PRODUCTS you actively participate in our mission to create a happier, healthier global environment.

Organic Prebiotic Fiber
Contains soluble & insoluble fiber
Nourishes beneficial gut bacteria
Free from synthetic chemicals and fillers

3 Ayurvedic Herbs
Triphala contains Amla, Bibhitaki and Haritaki
Improves digestion & nutrient assimilation
Chandrashoor seeds soothe irritation

Probiotics
Supports a healthy gut biome
2 Billion CFUs per day with two servings
Heat-stable B. coagulans great for baking

Bake Into Breads • Stir & Drink • Add To Smoothies • Mix Into Meals

Supplement Facts

Serving Size 1 rounded tsp (5g)
Servings Per Container 56

	Amount Per Serving	% Daily Value*
Calories	20	-
Total Carbohydrate (g)	4	1%
Dietary Fiber (g)	3	11%
Soluble Fiber (g)	2	††
Insoluble Fiber (g)	1	††
Sugars (g)	1	6%
Proprietary Blend:	5g	††

Organic Psyllium Husk (powder), Organic Psyllium (seed powder), Organic Garden Cress/Chandrashoor (seed powder), Organic Triphala Powder: [Organic Amla (fruit), Organic Belleric Myrobalan/Bibhitaki (fruit), Organic Chebulic Myrobalan/Haritaki (fruit)] Bacillus Coagulans Unique IS-2, Organic Stevia Extract Reb A

* Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov

SUGGESTED USE: Adults and Children over 12 years:
Two servings daily. Optimally between meals.

DIRECTIONS: Mix 1 rounded tsp with at least 8 oz of water, juice or smoothie. Stir and consume immediately. If too thick, add additional liquid as desired. Drinking an additional glass of water afterwards is advisable to assist digestion.

To enjoy while pregnant or nursing, consult a physician before.

NOTICE: This product should be consumed with at least a full glass of liquid. Feeding this product without enough liquid may cause choking. Do not use this product if you have difficulty in swallowing.

HEART HEALTHY

† Diets low in saturated fat and cholesterol that include 7 grams soluble fiber per day from psyllium husk, as in ORGANIC INDIA Pre & Probiotic Fiber blend may reduce the risk of heart disease by lowering cholesterol. Two servings of ORGANIC INDIA Pre & Probiotic Fiber blend provide 4 grams of this soluble fiber necessary per day to have this effect.

MFG. BY: ORGANIC INDIA PVT. LTD.
Factory: C-5/10, Agro Park Phase-II,
UPSIDC Industrial Area, Kursi Road,
Barabanki - 225302, U.P. India

Certified Organic by Control Union CU-801983. Product produced and processed according to NPOP standard of India & USDA-NOP

NPOP/NAB/0010 www.controlunion.com

DIST. BY: ORGANIC INDIA, USA
BOULDER, CO 80301 USA 1-888-550-8332
OrganicIndiaUSA.com

PRODUCT OF INDIA FOR EXPORT TO USA ONLY

STORE IN A COOL DRY PLACE

KOSHER

Pictured on the front is one of our beloved farmers.

Join the Community
#HealthyConsciousLiving
OrganicIndiaUSA.com
@organicindiausa

NET WEIGHT: 10 OZ (283.5g)
BATCH NO.: [illegible]
PKD: 2020 FEBRUARY
BEST FOR USE BEFORE: 2023 FEBRUARY