

Directions: As a dietary supplement, take 1 or more capsules daily, on an empty stomach.

Both norepinephrine and dopamine are key neurotransmitters participating in the maintenance of mental alertness and acuity while promoting a Positive Mental Attitude. These two neurotransmitters are produced in the body from amino acid building blocks, primarily L-Tyrosine, and one of its precursors, DL-Phenylalanine. Viva Vitamins™ has combined these amino acids with L-glutamine and GABA to help with proper brain function and mental activity†.

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

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MADE IN THE USA
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◎ SPECIALTY FORMULAS ◎

PMA™

POSITIVE MENTAL ATTITUDE

for the mind



Promotes mental
performance & feelings
of well-being!

60 capsules
dietary supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
DL-Phenylalanine	250 mg	*
L-Tyrosine	200 mg	*
L-Glutamine	100 mg	*
GABA (Gamma-Aminobutyric Acid)	100 mg	*

* %Daily Value (DV) has not been established

Other Ingredients: Gelatin, povidone, silica, magnesium stearate (vegetable source).