

RECOMMENDATION:

Dosage cup included

For best results, use at first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. **Children 6-12 years of age**, take 1.5 teaspoons (tsp) (7.5 mL), three times daily. **Adults and children 13 years of age and older**, take 2 teaspoons (10 mL), three times daily. Not formulated for children under 6 years of age. Do not exceed recommended dose. Shake well before each use. Use only with enclosed dosage cup.

Warning: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. If minor nasal, throat, or chest irritations last more than 7 days, stop use and consult a healthcare professional. **Keep out of reach of children.** Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG13852.01 BL97261

GLUTEN FREE. No yeast-derived ingredients, wheat, dairy, peanuts, or artificial colors.

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturerway.com



Nature's Way
sambucus
RELIEF

FEEL BETTER FASTER^{††}

ELDERBERRY SYRUP WITH SOUTH AFRICAN GERANIUM

16 FL OZ (240 mL) DIETARY SUPPLEMENT

CLINICALLY PROVEN South African Geranium

REDUCES THE DURATION AND SEVERITY of minor nasal, throat, and chest irritations and occasional coughs associated with hoarseness, dry throat, and irritants.
WITH VITAMIN C & ZINC

Supplement Facts			
Serving Size	Ages 6-12: 1½ teaspoons (tsp) (7.5 mL)	Ages 13+: 2 teaspoons (tsp) (10 mL)	
Servings per Container	32	24	
Amount per Serving	Ages 6-12 % DV	Ages 13+ % DV	
Calories	20	25	
Total Carbohydrate	5 g 2%	7 g	3% [†]
Total Sugars	4 g **	5 g	**
Includes Added Sugars	4 g 8%	5 g	10% [†]
Vitamin C (ascorbic acid)	33.7 mg 37%	45 mg	50%
Zinc (as zinc gluconate)	2.4 mg 22%	3.2 mg	29%
Black Elder (Sambucus nigra L.) Extract (berry) standardized to anthocyanins from 1,600 mg of premium cultivar elderber- ries per teaspoon	37.5 mg **	50 mg **	
South African Geranium (Pelargonium sidoides) Extract (root) (EPs 7630®)	15 mg **	20 mg **	
†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.			
Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness).			

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Nature's Way
sambucus
OUR STANDARDIZED ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan



CONTAINS NO:
Gluten, Yeast-derived Ingredients, Wheat, Dairy, Peanuts, or Artificial Colors



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ELDERBERRY AND MORE!

We took our unique elderberry extract and combined it with Vitamin C and Zinc.

A CLINICALLY PROVEN INGREDIENT

South African Geranium root extract (EPs 7630[®]) has been the subject of multiple clinical studies in adults and children.

††Reduces the duration and severity of minor nasal, throat, and chest irritations and occasional coughs associated with hoarseness, dry throat, and irritants.*

Take Nature's Way Sambucus[®] Relief to help you get back faster to work, school, and doing the things you love.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**2
PACK**



sambucus
RELIEF

FEEL BETTER FASTER^{††}

ELDERBERRY SYRUP WITH SOUTH AFRICAN GERANIUM



††South African Geranium Root Extract **REDUCES THE DURATION AND SEVERITY** of minor nasal, throat, and chest irritations and occasional coughs associated with hoarseness, dry throat, and irritants.*
WITH VITAMIN C & ZINC

DIETARY SUPPLEMENT
TWO 8 FL OZ (240 mL) BOTTLES / TOTAL 16 FL OZ (480 mL)

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**with
CLINICALLY PROVEN
South African Geranium[®]**

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Supplement Facts

Serving Size	Ages 6-12: 1½ teaspoons (tsp) (7.5 mL)	Ages 13+: 2 teaspoons (tsp) (10 mL)	
Servings per Container	64	48	
Amount per Serving	Ages 6-12 % DV	Ages 13+ % DV	
Calories	20	25	
Total Carbohydrate	5 g 2% [†]	7 g	3% [†]
Total Sugars	4 g **	5 g	**
Includes Added Sugars	4 g 8%	5 g	10% [†]
Vitamin C (ascorbic acid)	33.7 mg 37%	45 mg	50%
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