



Essential Defense® is a time-honored, traditional Chinese formula used to support healthy immune function after sudden changes in weather and with the change of seasons.♦

♦This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets every half hour as needed or as directed by your healthcare practitioner.

WARNING: Do not use if pregnant or nursing.

CAUTION: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.



Traditional Chinese Botanicals
Essential Defense®
Immune Support♦

Herbal Supplement
Vegetarian
30 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 15

Amount Per Serving

A 5:1† proprietary extract of:
Forsythia Fruit (*Forsythia suspensa*), Japanese Honeysuckle Flower (*Lonicera japonica*), Platycodon Root (*Platycodon grandiflorum*), Burdock Fruit (*Arctium lappa*), Chinese Mint Leaf (*Mentha haplocalyx*), Chinese Licorice Root (*Glycyrrhiza uralensis*), Fermented Soybean (*Glycine max*), Schizonepeta Herb (*Schizonepeta multifida*), Lophatherum Leaf (*Lophatherum gracile*), Dyer's Woad Root (*Isatis tinctoria*), Ginger Rhizome (*Zingiber officinale*).

1000 mg*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid, silica, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan). Contains: soy.

Developed and Manufactured by:

METAGENICS, INC.

Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673

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†Equivalent to 5000 mg raw, dried, unprocessed herbs.

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