

WE BELIEVE IN THE
POWER OF NATURE &
SCIENCE

SUGGESTED USE: Take 3 capsules 1-2 times a day

Created by an International Board Certified Lactation Consultant (IBCLC), our natural blend of herbs and extracts is specifically formulated to help quickly and sustainably increase your breastmilk production. This fenugreek-free formula is made with new moms just like you in mind.†

Keep out of reach of children.
Tamper resistant. Use only if safety seal is intact.
Store sealed in a cool, dry area.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HOLISTIC LACTATION
ADVANCED
Lactation
FORMULA

INCREASES MILK PRODUCTION†
ENHANCES MILK QUALITY†
BALANCES HORMONES†

Dietary Supplement
90 Vegetarian Capsules

Supplement Facts

Serving Size: 3 Vegetarian Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Moringa (<i>Moringa oleifera</i>) Leaf Powder (Organic)	500mg	**
Milk Thistle (<i>Silybum marianum</i>) Seed Extract	300mg	**
Shatavari (<i>Asparagus racemosus</i>) Root Powder (Organic)	300mg	**
Alfalfa (<i>Medicago sativa</i>) Leaf Powder (Organic)	220mg	**
Fennel (<i>Foeniculum vulgare</i>) Seed Powder (Organic)	25mg	**

**Daily Value (DV) not established.

Other Ingredients: Rice Based Excipient (Organic), Hydroxypropyl Methylcellulose (Vegetarian Capsule)

Manufactured for: Holistic Lactation LLC
Phoenix, Arizona
holisticlactation.com

