This formulation provides vegetarian-source Glucosamine to nutritionally support joint health.' Vitamin C and Manganese are also included to support production of collagen and healthy cartilage compounds." MSM, a natural source of the important mineral sulfur, Ginger Root and White Willow Bark are also included. Collectively, the ingredients in this formulation help to promote healthy joint structure and flexibility, which supports comfortable movement. Individual results may vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. White Willow is a natural ingredient that the body recognizes like aspirin. If you have an allergy to aspirin, please consult your physician before use. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use it outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by: Solgar, Inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4, www.solgar.com

©2015 Solgar, Inc.

SOLGB79110 03B



SHELLFISH-FREE

GLUCOSAMINE MSM COMPLEX

PROMOTES HEALTHY JOINTS* SUPPORTS COMFORTABLE MOVEMENT*

> GLUTEN, WHEAT & DAIRY FREE SUITABLE FOR VEGETARIANS



120 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 40

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	2 g	1%**
Vitamin C (as calcium ascorbo	100 mg	167%
Manganese (as manganese gly	5 mg cinate†)	250%

Glucosamine 1500 mg (1.5 g) Hydrochloride (vegetarian, shellfish-free) MSM 1000 mg (1 g) (methylsulfonylmethane, OptiMSM®) Ginger 4:1 Extract 108 mg (Zingiber officinale) (root) (equivalent

%DV

Amount Per Serving

to 432 mg of Ginger)

White Willow 5:1 100 mg Extract (Salix alba) (bark) (equivalent to 500 mg of White Willow)

"Percent Daily Values (DV) are based on a 2,000 calorie diet

""Daily Value (DV) not established

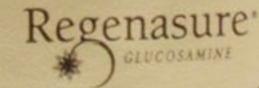
Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetensi, Preservatives and Color.



OptiMSM®

is a registered trademark of Cardinal Associates, Inc. DBA Bergstrom Nutrition. Trademark of Cargill, Incorporated



Regenasure® is a registered

SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Due to the natural variation of the raw material, tablet color and oppearance may vary from batch to batch.

tAlbion International Inc

