



Endefen™ is uniquely designed to nutritionally support the health and function of the gastrointestinal (GI) tract. This exceptional formula addresses multiple factors that contribute to GI health.

- Supports the integrity of the gastric lining by promoting the growth of gastric mucosal cells.
- Provides lecithin and astaxanthin, which have demonstrated protective effects on the gastric environment.
- Provides arabinogalactans and green tea, which may help promote the growth of healthy intestinal microflora.
- Arabinogalactans may help promote the production of beneficial short-chain fatty acids, an important fuel for intestinal cells.
- Provides plantain, which has been shown in a lab to support the integrity of the gastric lining.
- Provides targeted antioxidants to help protect the gastric mucosa.
- Provides key nutrients to enhance GI immune system function.

•These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Mix about two level tablespoons in two to four ounces of juice or water one to two times daily, or as directed by your healthcare practitioner.

CAUTION: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. Contains caffeine.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

*Less than 25 mg per serving.



Endefen™

Multi-Dimensional GI Support & Protection*

Dietary Supplement

NET WT. 14.81 OZ (420 G) Powder

Supplement Facts

Serving Size: About 2 Teaspoons (10 grams)
Servings Per Container: 28 (56 servings)

	Amount Per Serving	% Daily Value
Calories	54	
Calories from Fat	16	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	11 g	4%*
Dietary Fiber	3 g	12%*
Sugars	4 g	
Sugar Alcohol (as Xylitol)	0.95 g	
Protein	1 g	2%*
Vitamin C (as calcium ascorbate)	300 mg	500%
Calcium (as calcium ascorbate)	34 mg	3%
Sodium	12 mg	1%
Potassium	130 mg	4%
Arabinogalactans (from larch gum)	1500 mg	**
Soy Lecithin	1000 mg	**
Phosphatides*	970 mg	**
Green Tea (Camellia sinensis) Leaf Extract	250 mg	**
[standardized to 40% (100 mg) epigallocatechingallate (EGCG)††]		
Cinnamon (Cinnamomum burmannii (Nees) and/or Cinnamomum cassia) Bark Powder	700 mg	**
Plantain (Musa paradisiacal) Fruit	2000 mg	**
Apple Fruit Powder	2000 mg	**
Astaxanthin	500 mcg	**
D-Mannose	250 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Rice bran, rice syrup solids, and natural flavor. Contains soy.

Developed and Manufactured by: **METAGENICS, INC.**
Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673
www.metagenics.com

††Typical analysis reveals 230 mg phosphatidylcholine

‡‡Supplies a minimum of 60% (150 mg) total catechins