

Directions:

Adults and adolescents 14 years and older swallow 1 softgel daily. Do not bite or chew.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children.

Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Let's Grow Together

Find out more at naturesway.com



Omega-3
without the fish.

Balanced Formula

Provides a minimum of
300 mg DHA & 150 mg EPA
per softgel

Vegan-friendly

Plant-based Omega-3 in
gelatin-free softgel

Guaranteed Pure

View test results online at
purecheck.net

Pure  TM
Check for yourself.



NutraVege®

Plant-Based
Omega-3



500 mg
Omega-3
per softgel

30 Softgels | Algal Oil Supplement

Supplement Facts

Serving Size 1 Softgel

Amount per Serving	% DV	
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	0.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Algal Oil (<i>Schizochytrium</i> spp.)	1 g	**
Omega-3 Fatty Acids	500 mg	**
Docosahexaenoic Acid (DHA)	300 mg	**
Eicosapentaenoic Acid (EPA)	150 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: modified corn starch, glycerin, carrageenan, sorbitol, purified water, sunflower oil, natural flavor, preservatives to maintain freshness (rosemary extract, mixed tocopherols, ascorbyl palmitate)



LN12197.A02

BLK9077A



©2021 Distributed by
Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions?
1-800-9NATURE /
naturesway.com