



WILD YAM ROOT

*Dioscorea
villosa*

HAND-MADE EXTRACT

4 fl. oz.
(120 mL)

HERBAL DIETARY
SUPPLEMENT

96
SERVINGS



SUGGESTED USE: 12+ yrs: 1/4 tsp. Take 1-3 times daily, or as needed. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
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888.538.8615 | www.mmherbs.com



Enhance your overall female
health and wellness*

- Plant-based estrogen source*
- Menopause symptom support*
- Comfortable menstruation support*



1 drop/pertail = approx. 1/8 tsp.

Supplement Facts

Serving Size:	1/4 tsp
Servings Per Container:	96

Per Serving	%DV
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Wild Yam root extract	1.25 ml † (1:2)
in vegetable glycerin, distilled water, and approx. 5% - 10% organic grain alcohol.	

† Daily Value (DV) not established



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.