

GET SUPERIOR MASS GAINS

Bulk up! Specially formulated for performance athletes looking to increase their dietary protein, carbohydrate and overall calorie intake, 100% Mass Gainer is a premium weight gainer for increased size and strength. Are you a hardgainer? Whether you've struggled with adding size or you want to break through your plateaus, we've got your back. Our 100% Mass Gainer is packed with high-quality protein and mass-producing calories, plus muscle-fueling creatine, a proven anabolic driver for faster mass and strength gains. This superior formula with proven musclebuilding ingredients will help you get bigger and stronger — faster than you ever imagined.*



NUTRIENT-DENSE MUSCLE FUEL FOR RESULTS

With 100% Mass Gainer, you'll reach musclebuilding milestones more efficiently. The high-quality protein and easily digestible carbs can deliver 1,500 clean calories when mixed with 2 cups of skim milk. Every serving also supplies over 6g of L-leucine and more than 13g

of BCAAs when mixed with 2 cups of skim milk — important nutrients for increasing muscle protein synthesis after a workout. They're as critical as it gets for improving recovery and building lean muscle. The best part? It's powerful and potent, but it still tastes great.*

See Supplement Facts for cholesterol content.



MAXIMIZE STRENGTH POTENTIAL TODAY

Start re-imagining the limits of size and strength, as 100% Mass Gainer only uses pure HPLC-tested creatine. Scientific studies have shown that it helps replenish ATP stores in the body for enhanced

performance, more muscle and an increase in strength. With a formula made specifically for redefining muscular physiques, take your performance to the next level with quality you can trust.*

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FROM AMERICA'S
#1
SELLING
SUPPLEMENT COMPANY

MUSCLETECH™

100% MASS GAINER™

HIGH-PROTEIN MASS GAINER*



VANILLA MILKSHAKE

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 5.15 LBS. (2.33KG)

ENHANCE MUSCLE
STRENGTH &
PERFORMANCE*

QUICKER MUSCLE
RECOVERY*

60G
PROTEIN*

1,500
CALORIES*

304G
CARBS*

5G
CREATINE

*When mixed with
2 cups of skim milk

Supplement Facts

Serving Size: 6 Scoops (357g)
Servings Per Container: Approx. 7

Amount Per Serving	Mixed with 16 oz. of Cold Water	% DV	Mixed with 16 oz. of Skim Milk	% DV
Calories	1,330		1,500	
Total Fat	4g	5%*	4.5g	6%*
Saturated Fat	2.5g	13%*	3g	15%*
Cholesterol	125mg	42%	135mg	45%
Total Carbohydrate	280g	102%*	304g	111%*
Total Sugars	13g	†	38g	†
Includes Added Sugars	10g	20%*	10g	20%*
Protein	44g	88%*	60g	120%*
Calcium	280mg	22%	870mg	67%
Iron	0.6mg	3%	0.7mg	4%
Sodium	390mg	17%	600mg	26%
Potassium	300mg	6%	1,060mg	23%
L-glutamine and glutamine precursor (as whey protein, L-glutamine)	7.7g	†	11.4g	†
Creatine monohydrate	5g	†	5g	†
L-leucine (as whey protein, L-leucine)	4.7g	†	6.3g	†
L-valine (as whey protein, L-valine)	2.5g	†	3.6g	†
L-isoleucine (as whey protein, L-isoleucine)	2.5g	†	3.4g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Complex Carb Blend (Maltodextrin, ModCarb® [Oat Bran, Quinoa, Buckwheat, Millet], Isomaltulose), Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate 97%, Whey Protein Isolate, Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavors, Soy or Sunflower Lecithin, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Acesulfame-Potassium, Sucralose, Enzyplex (Amylase, Papain), Medium Chain Triglycerides. Contains milk, soy and coconut ingredients. Processed in a facility that also processes egg, wheat, peanut, tree nut, fish and shellfish ingredients.

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For lot no. and expiry date: see bottle.

DIRECTIONS: Mix 1 serving (6 scoops) with 2 cups (16 oz.) of cold water or skim milk. For best results, mix in a blender.

For accelerated weight gain results: Drink 1 serving every day between meals. On days when you're working out, drink your serving immediately after your workout.

For maximum weight gain results: Drink 2 servings every day. On workout days, drink 1 serving between meals and the other immediately after your workout. On non-workout days, drink 1 serving right when you wake up in the morning and the other serving between meals. Mix each serving with 16 oz. of skim milk. Maintain an adequate state of hydration during use.

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight. Some settling may occur. Shake container before use.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a medical doctor before use if you have a medical condition and before starting a diet or exercise program. KEEP OUT OF REACH OF CHILDREN.

Do not use if packaging has been tampered with.

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MADE IN THE
USA
FROM DOMESTIC &
INTERNATIONAL INGREDIENTS

*Based on AC Nielsen xAOC combined total sales for MuscleTech® & Six Star® powder & pill supplements.



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